

16 count intro

Section 1 Rock Step Forward, 1/2 turn shuffles x 3(see options)

- 1-2 Rock forward on right, Rock back onto left,
3 & 4 Make a ½ turn to right stepping right forward, left beside, right forward,
5 & 6 Make a ½ turn right moving backwards on left, right, left,
7 & 8 Make a ½ turn to right moving forward on right, left, right.
OPTIONS: The turning shuffle counts 5 & 6 7 & 8 may be danced straight forward without turning.

Section 2 Rock step forward, Lock steps back x 2, Rock step back.

- 1-2 Step forward to rock on left, Rock back onto right,
3 & 4 Step back on left, Lock in front with right, Step back on left,
5 & 6 Step back on right, Lock in front with left, Step back on right,
7-8 Rock back on left, Rock forward onto right.

Section 3 Pivot turn 1/2, Pivot turn 1/4, Rocking chair.

- 1-2 Left foot forward, Pivot ½ turn to right onto right foot,
3-4 Left foot forward, Pivot ¼ turn to right onto right foot,
5-6 Rock forward on left, Rock back onto right,
7-8 Rock back on left, Rock forward onto right.

Section 4 Heel Changes, Clap x 2.

- 1 & 2 & Touch left heel forward, Step beside right, Touch right heel forward, Step beside left,
3 & 4 Touch left heel forward, Clap hands twice,
& 5 & 6 Step left beside right, Touch right heel forward, Step right beside left, Touch left heel forward,
& 7 & 8 Step left beside right, Touch right heel forward, Clap hands twice.

Section 5 Grapevine, Toe touch, Polka(with slight lifting of appropriate commencing foot on all Polkas)

- 1-2-3-4 Step right to right, Step left behind, Step right to right, Toe touch left beside right,
5 & 6 & Step left to left, Step right beside, Step left to left, Step right beside,
7 & 8 Step left to left, Step right beside, Step left to left. (all Polka steps on ball of foot)

Section 6 Grapevine, Toe touch, Polka(with slight lifting of appropriate commencing foot on all Polkas)

- 1-2-3-4 Repeat 1-4 of section 5
5 & 6 & 7 & 8 Repeat 5-8 of section 5

Section 7 Diagonal shuffles x 2(Polka if preferred), Rock step, Diagonal 1/2 turn shuffle(or Polka)

- 1 & 2 Moving to right diagonal, Step forward on right, Step left beside, Step forward on right,
3 & 4 Moving to left diagonal, Step forward on left, Step right beside, Step forward on left,
5-6 Rock forward on right, Rock back onto left,
7 & 8 Make a ½ turn right repeating counts 1 & 2 of section 7.

Section 8 Diagonal shuffle(Polka if preferred), Stomp x 2

- 1 & 2 Repeat counts 3 & 4 of section 7,
3-4 Stomp right forward, Stomp left beside right slightly apart,
Applejacks(moving your loose bits!)see OPTIONS:Foot Boogie or Swivets
Lifting left heel and right toe
5 & Move right toe to right and left heel to right(5) Replace these loose bits to centre with weight(&)
Lifting right heel and left toe
6 & Move left toe to left and right heel to right(6) Replace these loose bits to centre with weight(&)
7 & Lifting left heel and right toe repeat counts 5 & of this section
8 & Lifting right heel and left toe repeat counts 6 & of this section.
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Start the dance over again -- see options.

OPTIONS:from section 8

FOOT BOOGIE

- 5-6 Both toes move out to opposite sides, Both heels move out to opposite sides,
7-8 Both heels move in together, Both toes move in together.

SWIVETS

- Lifting left heel and right toe
5 & Move right toe to right and left heel to left(5) Replace these loose bits to centre with weight(&)
Lifting right heel and left toe
6 & Move left toe to left and right heel to right(6) Replace these loose bits to centre with weight(&)
7 & Lifting left heel and right toe repeat counts 5 &
8 & Lifting right heel and left toe repeat counts 6 &