

## Hot Trot Cowboy

32 Count, 4 Wall, Intermediate

Choreographer: Levi J. Hubbard (USA) Dec 2008

Choreographed to: Rockin Beats by Bomfunk MC

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Start dance when the main beat kicks in

**(RIGHT) SUGAR, COASTER, (LEFT) SUGAR, COASTER**

- 1-2 Touch right toe together (turned in), touch right heel to side (toe turned out)  
3&4 Step right back, step left together, step right forward  
5-6 Touch left toe together (turned in), touch left heel to side (toe turned out)  
7&8 Step left back, step right together, step left forward

**(RIGHT) SIDE ROCK-RECOVER, FULL TRIPLE TURN (RIGHT), (LEFT) SIDE ROCK-RECOVER, FULL TRIPLE TURN (LEFT)**

- 9-10 Rock right to side, recover to left (slightly kick right to side)  
11&12 Triple in place turning a full turn right stepping right, left, right  
13-14 Rock left to side, recover to right (slightly kick left to side)  
15&16 Triple in place turning a full turn left stepping left, right, left  
Option for those who don't like to turn: just triple step in place, or do crossing shuffles

**¼ TURN (LEFT) STEP BACK, STEP BACK, HEEL JACK & STEP FORWARD,  
½ TURN (RIGHT) STEP BACK, HEEL JACK & STEP FORWARD**

- 17-18 Turn ¼ left and step right back, step left back  
&19 Step right back, touch left heel forward  
&20 Step left back, step right forward  
21-22 Turn ½ right and step left back, step right back  
&23 Step left back, touch right heel forward  
&24-25 Step right back, step left forward, touch right toe to side

**TOE SWITCHES, HEEL SWITCHES, (2) ½ PIVOT TURNS (LEFT), OR HIP ROLL IN PLACE**

- &26 Step right together, touch left to side  
&27 Step left together, touch right heel forward  
&28 Step right together, touch left heel forward  
&29-30 Step left together, step right forward, turn ½ left (weight to left)  
31-32 Step right forward, turn ½ left (weight to left)

Fun option:

- &29 Step left together, step right slightly forward  
30-32 Roll your hips around for 3 counts, or slow body roll