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## All Tanked Up

128 count, 1 wall, advanced Level

Choreographer: Rob Fowler UK (Oct 2005)

Choreographed To: All Jacked Up by Gretchen  
Wilson, CD: All Jacked Up

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### Heel Grind, Monteray Turn

- 1,2 Place right heel forward, with heel in place grind foot from left to right
- 3,4 Step back onto right, step left next to right
- 5,6 Touch right to right side, with weight on left make half turn to right, transferring weight to right.
- 7,8 Touch left to left side, step left in place

### Swivels, Left Grapevine With 1/4 Turn

- 1,2 Swivel both heels right, back to centre
- 3,4 Repeat
- 5,6 Step left to left, right behind left
- 7,8 Make 1/4 turn left on left, brush right through

### Step Pivot, Hold, Heels x 2

- 1,2 Step forward, hold
- 3,4 Make 1/2 turn left, hold
- 5,6 Step forward onto right heel, step forward onto left heel
- 7,8 Step back onto right, step left back next to right

### Side Rocks Turn Kick

- 1,2 Rock right to right side, recover
- 3,4 Cross right over left, rock left to left side
- 5,6 Recover, cross left over right
- 7,8 Step right to right side, kick left diagonally to left

### Weave 1/2 Turn Kick, Weave Kick

- 1,2 Step left behind right, make 1/4 turn right onto right
- 3,4 Make 1/4 turn right on left, kick right diagonally right
- 5,6 Step left behind right, step left to left side
- 7,8 Cross right over left, kick left diagonally to left

Repeat 33-40

### Step Back Kick x 2, Coaster Step

- 1,2 Step left behind right, Kick right diagonally to right
- 3,4 Step right behind left, Kick left diagonally to left
- 5,6 Step back left, right next to left
- 7,8 Step forward left, brush right foot through

### Stomps Diagonally Forward Right, Then Left

- 57-60 Stomp right diagonally forward, tap right heel three times
- 61-64 Stomp left diagonally forward, tap left heel three times
- 61-65

### Rock Step, Kick, Scuff, Hitch Touch x 2

- 1,2 Rock back left, recover
- 3,4 Kick forward left step onto left
- 5,6 Scuff right foot, hitch right knee
- 7,8 Step back right, hold

73-80 Repeat 65-72

### Rock Step, Kick, Step, Pivot

- 1-4 Repeat 65-67
  - 5,6 Step forward, hold
  - 7,8 Pivot left, hold
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**Skates Right, Left, Skates, Right, Left X 2**

- 1,2 Skate right, hold
- 3,4 Skate left, hold
- 5,6 Skate right, skate left
- 7,8 Skate right skate left

**Right Kick and Left Weave, Left Kick and Right Weave, Diagonal Kicks**

- 1,2 Kick right diagonally right step right diagonally behind
- 3,4 Step left to left side, cross right in front of left
- 5,6 Kick left diagonally left, step left diagonally behind right
- 7,8 Step right to right side, step left forward

**Right Rock, 1/2 Turn, Step Turn Step, Hold**

- 1,2 Right rock forward, recover onto left
- 3,4 Make 1/2 turn right onto right, hold
- 5,6 Step forward left, make 1/2 turn right transferring weight to right,
- 7,8 step forward left, hold

**Forward Shuffle, 1/2 Turn Hitch, Back Shuffle And Touch**

- 1,2 Step forward right, step left next to right
- 3,4 Step forward right, make 1/2 turn right hitching left
- 5,6 Step back on left, step right next to left
- 7,8 Step back on left, touch right toe next to left

**Forward Shuffle, 1/4 Turn Hitch, Rock, Recover, Step**

- 1,2 Step forward right, step left next to right
- 3,4 Step forward right, make 1/4 turn right hitching right knee
- 5,6 Rock left foot to left side, recover to right
- 7,8 Bring left foot next to right, hold

**Restart** on 3rd wall - dance up to count 47

Count 48 instead of kicking left foot diagonally left - make a 1/4 turn right "12 o'clock wall"  
Stepping left foot next to right - start dance again

**48 Count Tag On Wall 5 After Count 40 Facing 3 O'clock**

- 1-4 Cross left foot over right, make 3/4 turn right over 3 counts weight onto left
- 5,6 Cross right foot over left, hold [facing 12 o'clock wall],
- 7,8 Step left to left side, hold
- 9-10 Cross right foot over in front of left, hold
- 11,12 Kick left foot diagonally left, hold

**Repeat Above Twice [Ending Facing 6 O'clock Wall]**

- 37,38 Kick left diagonally left, cross left over right, unwind 1 1/4 to right [facing 3 o'clock wall]
- 39,40 Paddle step 8 counts - full turn [each one 1/8th] back to face 3 o'clock wall
- 41,42 Rock left to side, rock to right,
- 43,44 Left foot next to right, hold
- 45,46 Rock right to right, rock to left
- 47,48 Right foot next to left, hold

**Restart** dance on count 65 - Rock back when you hear chorus "all tanked up"

"And good luck from Rob"

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