

Hot Sexy Mama

IMPROVER

64 Count 4 Walls

Choreographed by: Francien Sittrop

Choreographed to: Hot Sexy Mama by Bouke

1 - 8 Toe struts x2 , Kicks x2, Step Back, Touch
1 - 4 Step on R toe fwd, Step R heel down , Step on L Toe fwd, Step L heel down (12:00)
5 - 6 Kick R fwd x2
7 - 8 Step R back, Touch L in front of R Toe

9 - 16 Step Back & Touch x2 , Coaster Step , Scuff
1 - 2 Step L back , Touch R in front of L Toe
3 - 4 Step R back, Touch L in front of R Toe
5 - 8 Step L back, Step R next to L, Step L fwd , Scuff R fwd

17 - 24 Lock Steps with Scuff x2
1 - 4 Step R fwd, Step L behind R, Step R fwd, Scuff L fwd
5 - 8 Step L fwd, Step R behind L , Step L fwd, Scuff R fwd

25 - 32 25-32 Mambo fwd, Hold, Sailor ¼ L . Hold
1 - 4 Rock R fwd, Recover on L, Step R step Back, Hold
5 - 8 Step L behind R with 1/4 Turn L, Step R to R side, Step L next to R, Hold (9:00)

33 - 40 Swivels L , , Hold and Clap, Swivels R , Hold and Clap
1 - 4 Swivel Both Heels L, Swivel Both Feet L, Swivel Both Heels , Hold and Clap
5 - 8 Swivel Both Heels R, Swivel Both Feet R, Swivel Both Heels R, Hold and Clap

41 - 48 Side Mambo , Hold x2
1 - 4 Rock L to L side, Recover on R, Step L next to R, Hold **Restart Wall 5**
5 - 8 Rock R to R side , Recover on L, Step R next to L, Hold

49 - 56 Heel Grinds x2, Shuffle with Scuff
1 - 2 L Heel Grind fwd
3 - 4 R Heel Grind fwd
5 - 8 Step L fwd, Step R next to L, Step L fwd, Scuff

57 - 64 Mambo fwd , Hold, Coasterstep, Hold
1 - 4 Rock R fwd, Recover on L, Step R back, Hold
5 - 8 Step L back , Step R next to L , Step L fwd , Hold

Tags: After wall 2 & 4 The music stops .Touch R fwd for 4 counts and start again with count 1

Restart: During wall 5 Restart after count 44 Start again with count 1