

## Hot Mama

24 count, 4 wall, beginner level

Choreographer: Debbie Lambing (Canada) April 2004

Choreographed to: Hot Mama by Trace Adkins,  
Comin' On Strong

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### **HIP WALKS FORWARD R, L, R, L**

- 1 – 2 Touch R toe slightly fwd while bumping R hip forward (1); step down on R (2)
- 3 – 4 Touch L toe slightly fwd while bumping L hip forward (3); step down on L (4)
- 5 – 6 Touch R toe slightly fwd while bumping R hip forward (5); step down on R (6)
- 7 – 8 Touch L toe slightly fwd while bumping L hip forward (7); step down on L (8)

### **¼ R JAZZ BOX; SIDE TOE STRUTS**

- 1 – 4 Step R over L (1); step L back (2); ¼ R with R (3) step L beside R (4)
- 5 – 6 Touch R toe to R side (5) step down on R (6)
- 7 – 8 Touch L toe over R (7) step down on L (8)

### **¼ L PIVOTS; POINT CROSS**

- 1 – 2 Step R forward (1) turn ¼ L (rotate hips L to R while doing the ¼ turn L) (2)
  - 3 – 4 Step R forward (3) turn ¼ L (rotate hips L to R while doing the ¼ turn L) (4)
  - 5 – 6 Touch R to R side (5); cross step R over L (6)
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