

## Hot Mama

32 count, 2 wall, beginner/intermediate level  
Choreographer: Kathy Sharpe-Arrant (USA)  
March 2004

Choreographed to: Hot Mama by Trace Adkins

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Start on vocals

### STEP, BEHIND, SIDE, ROCK, CROSS, ¼ TURN, BACK, COASTER STEP

- 1-2 Step R foot to right, cross L foot behind right  
3&4 Step R foot to right, rock weight back onto L foot, cross R foot over left  
5-6 Step L foot to left beginning ¼ turn right, step R foot back to complete ¼ turn  
7&8 Coaster step back (step L foot back, step R foot together with L, step L forward)

### PROGRESSIVE TOE STRUTS WITH HIPS, KICK BALL CHANGE, HOLD

- 1-2 Touch R toe forward, leading with right hip, step on R heel while rolling right hip out and back (clockwise)  
3-4 Touch L toe forward, leading with left hip, step on L heel while rolling left hip out and back (counterclockwise)  
5&6 Kick R foot forward, step on ball of R foot, change weight to L foot  
7-8 Touch R toe forward, hold count 8 and pose

### TWO ¼ TURN HIP ROLLS, MODIFIED JAZZ BOX, HOLD

- 1-2 With weight on L foot, roll hips counterclockwise while turning ¼ turn left  
3-4 Repeat 1-2 to complete ½ turn left  
5-6 Cross R foot over left with weight, step back on L foot  
&7-8 Step slightly back on ball of R foot, cross L foot over right with weight, hold

### TOE STRUT WITH ¼ TURN RIGHT, ½ TURN PIVOT RIGHT, FORWARD, ROCK, KICK, WALK, WALK

- 1-2 With body still on a diagonal from crossover hold, touch R toe to right while stepping into a ¼ turn to face original starting wall, step down on R heel to complete ¼ turn right  
3-4 Step L foot forward, pivot ½ turn right ending with weight on R foot  
5&6 Push slightly forward on ball of L foot, rock back onto R foot, kick L foot forward  
&7-8 Step L foot together with R foot on "&", walk forward on R foot, walk forward on L foot

**NOTE: TAG** There is a tag in the song at the end of the 7th wall where there is an extra four beats before the verse starts again (this happens after the instrumental). Just rock right, left, right, left changing weight and bumping hips, then start the dance again from the beginning. If you miss the tag, it's no big deal—just have fun with it.

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