

Hot Legs

Phrased, 4 wall, intermediate level
Choreographer: Kim Swan (UK) April 2004
Choreographed to: Hot Legs by Rod Stewart
(116 bpm), The Story So Far, The Very Best Of

Starts on vocals. Sequence A,B,A,B,A,B,B,A,B,B,B,B,B (END OF DANCE)

PART A

Section 1 TRAVELLING RIGHT HEEL BALL CROSSES, ROCK, ¼ LEFT SAILOR TURN

- 1 & 2 Touch right heel forward at 45 Deg, Step right back in place, Step onto left across right
3 & 4 Touch right heel forward at 45 Deg, Step right back in place, Step onto left across right
5 - 6 Rock to right side, Recover weight onto left
7 & 8 Step right behind left, Step left to side making ¼ turn left, Step right beside left

Section 2 TRAVELLING LEFT HEEL BALL CROSSES, ROCK, ¼ RIGHT SAILOR TURN

- 1 & 2 Touch left heel forward at 45 Deg, Step left back in place, Step onto right across left
3 & 4 Touch left heel forward at 45 Deg, Step left back in place, Step onto right across left
5 - 6 Rock to left side, Recover weight onto right
7 & 8 Step left behind right, Step right to side making ¼ turn right, Step left beside right

Section 3 RIGHT AND LEFT SIDE STEPS WITH SHOULDER SHIMMIES OR HIP THRUSTS

- 1 - 4 Right step to right side, shimmying shoulders at the same time, Close left next to right
5 - 8 Left step to left side, shimmying shoulders at the same time, Close right next to left

Section 4 LEFT SIDE STEP WITH SHOULDER SHIMMIES, ROCK FORWARD & BACK

- 1 - 4 Left step to left side, shimmying shoulders at the same time, Close right next to left
5 - 6 Rock forward onto right, Recover weight on left
7 - 8 Rock back on right, Recover weight on right

Section 5 RIGHT LOCK, RIGHT LOCK STEP, LEFT LOCK, LEFT LOCK STEP

- 1 - 2 Step right forward at 45 deg, Slide left up to lock behind right
3 & 4 Step right forward at 45 deg, Slide left up to lock behind right, Step right forward at 45 deg
5 - 6 Step left forward at 45 deg, Slide right up to lock behind left
7 & 8 Step left forward at 45 deg, Slide right up to lock behind left, Step left forward at 45 deg

Section 6 STEP RIGHT BACK, TOUCH & CLAP, STEP LEFT BACK, TOUCH & CLAP

- 1 - 2 Step right back at 45 deg, Touch left next to right and clap
3 - 4 Step left back at 45 deg, Touch right next to left and clap
5 - 8 Repeat 1 - 4

PART B

Section 1 RIGHT STEP, LEFT KICKS, STEP, ROCK RIGHT, RECOVER, SAILOR STEP

- 1 - 2 Step right forward, Kick left forward
3 - 4 Kick left to side, Step down on left
5 - 6 Rock to right side, Recover weight onto left
7 & 8 Cross right behind left, Step left to side, Step right beside left

Section 2 LEFT STEP, RIGHT KICKS, STEP, ROCK LEFT, RECOVER, SAILOR STEP

- 1 - 2 Step left forward, Kick right forward
3 - 4 Kick right to side, Step down on right
5 - 6 Rock to left side, Recover weight onto right
7 & 8 Cross left behind right, Step right to side, Step left beside right

Section 3 RIGHT STEP, LEFT KICKS WITH ¼ TURN LEFT, ROCK BACK, SHUFFLE

- 1 - 2 Step right forward, Kick left forward
3 - 4 Turning ¼ left on ball of right, kick left forward, Step down on left
5 - 6 Rock back on right, Recover weight onto left
7 & 8 Step right forward, Step left beside right, Step right forward

Section 4 STEPS FORWARD WITH HOLD, STEPS OUT AND IN, STEP FORWARD, STOMPS

- 1 - 2 Step forward on left, Hold
3 - 4 Step forward on right, Hold
5 & 6 Step left out to side, Step right out to side, Step left in place
& 7 Step right in place, Step forward on left
& 8 Stomp right twice
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