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Count in: 40 count intro.

**1-8 L Press, recover, ¼ turn sweep, hip roll, L ball cross, ¼ back, back, back, heel swivel ¼ turn.**

- 1,2 Press forward on the L (1); recover weight onto the R foot whilst taking a ¼ turn to the left (to face 9pm) sweeping the left foot round to finish stepping to the left side(2);
- 3, 4 Roll the hips from the left round to the right (3,4);
- &5, 6 Step L foot together with R (&); cross R foot over L (5);  
turn a ¼ over the right shoulder to the left stepping back on the L foot (to face 12pm) (6);
- 7&8 Step back on R (7); Step back on L (7); Swivel ¼ turn to the left (over the left shoulder) on both heels (back to face 9pm) (8);

**&9-16 Ball change forward, shoulder pops, R coaster step, ¼ step together, cross, side, drag.**

- &1, &2 Small step forward on R foot (&); quickly followed by small step forward on L (weight evenly spread)(1);  
shoulder pops (pushing R shoulder forward and L back, then alternate) (&2);
- 3&4 R coaster step (3&4);
- &5, 6 ¼ turn to the right stepping L foot to left side (&); step R foot next to left (5); cross step L foot over R (6)
- 7, 8 Large step to the right on the R foot dragging the L foot along (7,8);

**&17- 24 L ball cross, ¼ back-L, R coaster step together (to diagonal), 2 slow side steps.**

- &1, 2 Quickly step L foot together with R (&); cross R foot over L (1); ¼ turn to right stepping back on L foot (to face 3pm) (2);
- 3&4& R coaster step (3&4); bring L foot in to meet the R foot turning 1/8th to left (facing 1.30pm diagonal) (&)
- 5,6,7,8 Still on the diagonal take 2 slow side steps taking the knees out on the steps out and rolling the body at the same time (5, 6, 7, 8);

**&25- 32 R Ball cross, knee pop, rock-recover, sweep, sweep, back recover, together.**

- &1, &2 Step R foot in place together with L foot (&) and cross L over right (still on diagonal) (1);  
knee pop forward (&2);
- 3, 4 Straightening up to the 3pm wall rock forward on the R (3); recover back onto the L (4);
- 5, 6 Step back on the R sweeping the L foot round (with a flexed foot) (5); repeat stepping back on L (6);
- 7&8 R back rock (7); recover forward onto L (&); and step R foot in place with L (8);

**33- 40 Scoot step L-R, double to the L, slow box step.**

- 1,2,3&4 Small scoot/ hop on R to the L side (1); repeat small scoot/ hop on L to R side (2);  
small scoot/ hop on R to L side (double) (3&4);
- 5,6,7,8 Step R out to R diagonal (5); step L out to left diagonal (6); recover R back to original position (7);  
recover L back to meet (8);

**41- 48& R mambo cross, L mambo cross, side rocking chairs, finish turning ¼ stepping together.**

- 1&2,3&4 Rock R over L (1); recover weight back onto L (&); step R back to right side (2);  
repeat on L, rock L over R (3); recover weight back onto R (&); step L back to left side (4);
- &5, 6 Quickly step R foot next to L (&); rock L to left side (5); recover weight onto R (6);
- &7&8 Quickly step L foot next to R (&); rock R to right side (7); recover weight back onto L (&);  
¼ turn to right (6pm) stepping R foot together next to left (8);

**49- 56 L forward full turn shuffle, R forward coaster, back, R step back slide.**

- 1,2,3&4 Left forward full turn (1, 2); left shuffle forward (3&4);
- 5&6& R coaster forward (5&6); step back on L foot (&);
- 7, 8 Large step back on R foot, dragging the L heel back (7, 8);

**&57- 64 L Ball cross, step L to side (all on diagonal) two hip rolls forward, L step together, R cross behind, L forward (turning 1/8th) step forward on R.**

- &1, 2 Step L together with R foot (&); cross R foot over left (to face diagonal (6.30pm) (1);  
step L foot out to left side (still on diagonal axis) (2);
- 3, 4 Two hip rolls forward into the L hip (3,4);
- 5,6,7,8 Step L foot together with R (5); cross R foot behind L (6); turning 1/8th step L foot forward (7);  
step forward on the R (8);
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**Restart:** Wall 2, Restart at end of count 48&, facing 12 o'clock,

**TAG:** end of wall 5, facing 6pm.

Mid-way through wall 5 the beat in the music goes slightly off track,  
just dance through the wall as normal.

1, 2, 3 Step forward on L foot (1); pivot turn over the right shoulder (to face 12pm) (2); step forward on L (3);  
&4 Quickly step forward on the R foot (&); touch L foot next to right (4);

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