

Hopes & Dreams

32 count, 4 wall, intermediate level

Choreographer: Daniella Foster (England) July 2004

Choreographed to: I Believe by Yolanda Adams

(From the film/CD Honey)

Start on vocals - after 4 counts

- 1 & 2 Right kick ball touch (finishing with left touching to left side)
&3. 4 Left next to right; 1/4 turn left touching rt to rt side; 1/2 turn back right pointing rt to rt side
5 & 6 Right sailor step.
7. 8. Left toe behind right foot. Half turn left (finishing with weight on left)

- 1 & 2 Right shuffle making half turn left.
3. 4 Rock back on left. Recover weight on right.
5. 6 Step forward on left, make full turn right, hitching right leg
7 & 8 Right forward shuffle

1. 2 Step forward on left. Make a 3/4 turn over right shoulder, landing on right foot
3 & 4 Cross left over right, recover weight on right, left next to right
5 & 6 Right behind left. Left to left side. Right across in front of left.
7 & 8 Make a three bounce half turn left

- 1 & 2 Left coaster step
3. 4 Kick right leg forward. Cross right over left.
& 5. 6 Left to left side, cross right over left. Make 3/4 turn left.
7 & 8 Left coaster step

Tag A At end of 3rd rotation

1. 2 Step diagonally forward onto right; Left next to right
3. 4 Step diagonally forward onto right; Touch left next to right
5. 6 Step diagonally forward on left; Touch right next to left
7. 8 Step diagonally back on right; Touch left next to right
9. 10 Step diagonally back on left; drag right to touch next to left

Tag B At end of 6th rotation

- 1 to 16 Steps 1 to 10 of Tag A followed by 1 to 6 of Tag A

32 Step Dance starting on vocals
4 Wall Dance

Alternative Music (without tags). Man I feel like a Woman - Shania Twain (Come On Over CD)
Come as You Are - Beverley Knight (Affirmation CD)