

Hook & Sinker (AKA Broken Heart)

IMPROVER

64 Count 2 Walls

Choreographed by: Maggie Lydon

Choreographed to: 1-800 Used To Be by Kimber Clayton

FULL TURN TO THE RIGHT AND CLAP

- 1 - 2 Right step to right side, clap hands once,
3 - 4 Pivot 1/2 turn right and step left to left side, clap hands once
5 - 6 Pivot 1/2 turn right and step right to right side, clap hands once,
7 - 8 Stomp left foot in place twice.

FULL TURN TO LEFT AND CLAP

- 9 - 10 Left step to left side, clap hands once
11 - 12 Pivot 1/2 turn left and step right to right side, clap hands once,
13 - 14 Pivot 1/2 turn left and step left to left side, clap hands once,
15 - 16 Stomp right in place twice,

VINE 1/4 RIGHT HITCH. STOMPS,

- 17 - 18 Right step to right side, left step behind right
19 - 20 Right step 1/4 turn right, hitch left knee and scoot forward on right foot
21 - 24 Stomp forward left, right, left, hold for one count

TOE STRUTS, COASTER STEP

- 25 - 28 Right toe step back, snap heels down, left toe step back, left heel snap down
29 - 32 Right step back, left step next to right, right step forward, hold for one count,

1/2 TURN LEFT, CLAP. CROSS BACK TOGETHER HOLD

- 33 - 36 Step left, right, left, (Turning 1/2 turn left), clap hands once
37 - 40 Right cross over left, left step back, right step next to left, hold for one count

DIAGONAL TOUCH AND CLAPS X 4

- 41 - 42 Left step diagonally forward left, touch right next to left and clap once
43 - 44 Right step diagonally forward right, left touch next to left and clap once
45 - 46 Repeat steps left step diagonally forward left, touch right next to left and clap once
47 - 48 Right step diagonally forward right, touch left next to right and clap once

BACK LOCK STEPS, HITCH, LEFT & RIGHT

- 49 - 52 Left step diagonally back left, right cross over left, left step diagonally back left, hitch right knee,
53 - 56 Right step diagonally back right, left cross over right, right step diagonally back right, hitch left knee

SLOW COASTER STEP, HOLD, STEP 1/4 TURN L HOLD CLAP

- 57 - 60 Left step back, right step next to left, left step forward, hold for one count,
61 - 62 Right step forward, pivot 1/4 turn left, transfer weight to left
63 - 64 Stomp right foot in place and hold for one count.(clap optional)
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