

## All Rise

32 count, 4 wall, beginner/intermediate level

Choreographer: Shellie Plackett, April 2002

Choreographed to: All Rise by Blue

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### ROCK FORWARD, SIDE, SCUFF HITCH DOWN

- 1& Rock forward on right foot, recover weight to left  
2& Rock right to right side, recover weight to left  
3&4 Scuff right foot, hitch right knee up, place right foot down

### ROCK FORWARD, SIDE, SCUFF HITCH DOWN

- 5& Rock forward on left foot, recover weight to right  
6& Rock left to left side, recover weight to right  
7&8 Scuff left foot, hitch left knee up, place left foot down

### HEEL SWITCHES, TOUCH, SWIVEL HEELS

- 9&10 Touch right heel forward, close, touch left heel forward  
&11&12 Close left beside right, touch right foot forward weight remains on left  
Swivel both heels right, (alternative for swivels – hitch right knee up)

### HEEL SWITCHES, TOUCH, SWIVEL HEELS

- 13&14 Touch left heel forward, close, touch right heel forward  
&15&16 Close right beside left, touch left foot forward weight remains on right  
swivels both heels left, (alternative for swivels – hitch left knee up)

### SKATE, RIGHT, LEFT COASTER

- 17-18 Skate forward right, then left  
19&20 Step back on right foot, close left beside right, step forward on right foot  
21-22 Skate forward left, then right  
23&24 Step back on left foot, close right beside left, step forward on left foot

### $\frac{3}{4}$ MODIFIED MONTEREY, HIP BUMPS, LEFT COASTER

- 25&26 Point right to right side, close right making  $\frac{1}{4}$  turn right, point left  
&27&28 Close left beside right, point right to right side, close right making  $\frac{1}{2}$  turn right, point left to left side.  
29&30& Keeping weight on right bump hips, left, right, left, right  
31&32 Step back on left, close right beside left, step forward left.

### TAG 3<sup>RD</sup> WALL

- 1-2 Scuff right heel, step right down legs slightly apart  
3&4& Bounce down bending knees right, then up, bounce bending knees left then back up  
5&6 Right sailor step, behind with right, step on the ball of the left foot, replace weight on right.  
7-8 Step onto left foot, touch right beside left.
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