

## Honey, Honey

48 Count, 2 Wall, Improver

Choreographer: Angela Rushing (USA) Aug 2008

Choreographed to: Honey, Honey by ABBA,

CD: Best Of ABBA

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Dance starts: 19 count intro (start on the words "Honey, honey, how")

Be in the beat of the music (fast dance)

### **KICKBALL CHANGE 2X, SAILOR STEPS**

- 1-2 Kick right foot forward, rock back onto right with ball of right foot, recover weight onto left twice
- 3-4 Repeat 1&2
- 5-6 Step right foot back behind left foot, step left foot to left side, step right next to left
- 7-8 Step left foot back behind right foot, step right foot to right side, step left foot next to right

### **KICKBALL CHANGE 2X, SAILOR STEPS**

- 1-2 Kick right foot forward, rock back onto right with ball of right foot, recover weight onto left twice
- 3-4 Repeat 1&2
- 5-6 Step right foot back behind left foot, step left foot to left side, step right next to left
- 7-8 Step left foot back behind right foot, step right foot to right side, step left foot next to right

### **STEP FORWARD, TOUCH, STEP BACK, TOUCH**

- 1-2 Step Right foot diagonally forward, touch Left foot next to Right
- 3-4 Step Left foot diagonally forward, touch Right foot next to Left
- 5-6 Step back Right foot, touch Left foot next to Right
- 7-8 Step left foot forward; scuff right heel forward  
\*clapping hands

### **SHUFFLES FWD (R-L), SHUFFLE BACK (R-L)**

- 1-2 Shuffle Right foot fwd – right, left, right
- 3-4 Shuffle Left foot fwd – left, right, left
- 5-6 Shuffle back Right foot – right, left, right
- 7-8 Shuffle back Left foot – left, right, left

### **FWD TOE STRUTS (R-L), ¼ MONTEREY**

- 1-2 Step right foot forward, step down on right heel
- 3-4 Step left foot forward, step down on left heel
- 5-8 Right foot point to right side, ¼ turn right taking weight on right foot, left foot point to left side, left foot step by right  
\* Shoulder Shrug

### **FWD TOE STRUTS (R-L), ¼ MONTEREY**

- 1-2 Step right foot forward, step down on right heel
- 3-4 Step left foot forward, step down on left heel
- 5-8 Right foot point to right side, ¼ turn right taking weight on right foot, left foot point to left side, left foot step by right  
\* Shoulder shrug

\*Optional

Enjoy dancing and have fun!