

# Homegrown Man

32 Count – 4 wall – improver

Intro – 32 counts – start on vocals

Choreographed by Alan Haywood (UK) (January 2010)

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Choreographed to “Louisiana Homegrown Man” by Christopher Tompson (just listed as Christopher on iTunes) –118bpm - track available from iTunes @ 79p

## Section 1

**Rock forward R, recover L, R back lock step, pivot ½ L, R forward, L forward, touch R**

- 1-2 Rock forward onto right, recover weight back onto left
- 3&4 Step back onto right, lock left over right, step back onto right
- 5-6 Pivot ½ turn left stepping left forward, step forward onto right (6 o'clock)
- 7-8 Step forward onto left, touch right next to left

## Section 2

**Rock forward R, recover L, ¼ R shuffle, weave R, point R**

- 1-2 Rock forward onto right, recover weight back onto left
- 3&4 Make ¼ turn right stepping right side, close left next to right, step right to right side (9 o'clock)
- 5-6 Cross step left over right, step right to right side
- 7-8 Cross step left behind right, point right to right side

## Section 3

**R over, point L, L over, point R, R forward, ½ L, R forward, touch L**

- 1-2 Cross step right over left, point left to left side
- 3-4 Cross step left over right, point right to right side
- 5-6 Step forward onto right, pivot ½ turn left (3 o'clock)
- 7-8 Step forward onto right, touch left next to right

## Section 4

**Rock forward L, recover R, L back lockstep, rock back R, recover L, & L forward, touch R**

- 1-2 Rock forward onto left, recover weight back onto right
- 3&4 Step back onto left, lock right over left, step back onto left
- 5-6 Rock back onto right, recover weight forward onto left
- &7-8 Step right next to left, step left forward, touch right next to left

## END OF DANCE

Unfortunately, to keep the dance phased with the music, there are 2 very short, easy tags.

They are easy to spot – they are done after he sings the words ‘Louisiana Homegrown Man’. **Please don't be put off by these tags, the song is really nice and you just won't miss them!**

**Tag 1 done at the end of walls 1 (3 o'clock) and 6 (6 o'clock)**

**Tag 2 done at the end of walls 2 (6 o'clock) and 7 (9 o'clock)**

**Tag 1 – 16 counts – see below**

**R grapevine, touch L, L forward rocking chair**

- 1-2 Right to right side, cross step left behind right
- 3-4 Step right to right side, touch left next to right
- 5-6 Rock forward onto left, recover weight back onto right
- 7-8 Rock back onto left, recover weight forward onto right

**L grapevine, touch R, R forward rocking chair**

- 1-3 Left to left side, cross step right behind left
- 3-5 Step left to left side, touch right next to left
- 5-7 Rock forward onto right, recover weight back onto left
- 7-8 Rock back onto right, recover weight forward onto left

**Tag 2 - 8 counts – Right grapevine, touch left, Left grapevine, touch right**