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All Over Again

Phrased, advanced level Choreographer: Janet Mutlow (Switzerland) July 2006 Choreographed to: All Over Again by Ronan Keating, Bring You Home CD (74 bpm)

Intro:1 x 8

Sequence: A (x 4), B (x 1), A (x 3 - see Note), B (x 1), C (x 1)

Section A

Point Out-In-Out, Cross & Full turn Unwind, Rondé Sailor Cross, Flick Step x 2

- 1&2 Point L to L side, Step L beside R, Point R to R side
- 3&4 Cross R in front of L, unwind 360°, sweep L behind R
- 5&6 Cross L behind R, Step R to R side, Cross L over R
- &7&8 Make a sharp quick kick backwards with a flexed knee R, Step R, Make a sharp quick kick backwards with a flexed knee L, Step L

Point Kick Cross x 2, Lock Step, Rondé Sailor step

- 1&2 Point R to R side, low Kick R, Cross R over L
- 3&4 Point L to L side, low Kick L, Cross L over R
- 5&6 Step back on R, Lock L in front of R, Step back on R
- &7&8 Sweep L behind R, Cross L behind R, Step R beside L, Step forward L

Press Kick Recover, Triple turn, Sway x 2, Ball change ¼ turn R, Ball change

- 1&2 Press R to R diagonal, release L into low Kick L, Step back L
- 3&4 Make a triple turn by stepping R over L ¼ turn, L ¼ turn, R over L ½ turn to place
- 5, 6 Weight on both feet Sway to L, Sway to R
- &7&8 Step forward on to ball of L, ¼ turn R stepping on to ball of R, Step back on to ball of L, Step forward on to ball of R

Note: 2nd time Section A, dance 3 walls only, altering the final beats (&8) to a L Ball Pivot to return to wall 1 (=12 o'clock).

Section B

Side mambo step x 2, Body roll, Recover, Hold x 2, Sway x 2, Close, Hip roll

- &a1 (To diagonal R for style or face front) Rock to L side on L, Recover on R, Step L next to R
- &a2 (To diagonal L for style or face front) Rock to R side on R, Recover on L, Step R next to L
- &a3 Drop heels, Bend knees, Body roll end with head back
- &a4 Recover to upright, Hold (eyes closed), Hold (eyes open)
- &a5 Step R to R side, Sway to L, Sway to R
- 6 Bring feet together by sliding L next to R
- 7, 8 Starting to L, move hips in a full circular motion anti-clockwise

Out-Out In-In (syncopated splits), Step 1/2 Turn x 2, Tap Press, Close, Hip roll

- &1&2 Step out L to L side, Step out R to R side, Step L back to centre, Step R in beside L
- &3&4 Step forward L, make a ½ turn L, stepping weight back on R (x 2)
- &5 Tap L to L diagonal without weight, Press L forward on L diagonal
- 6 Bring feet together by sliding L next to R
- 7, 8 Starting to L, move hips in a full circular motion anti-clockwise

Out-Out In-In (syncopated splits), Step ¹/₂ Turn x 2, Tap Press, Close, Hip roll

- &1&2 Step out L to L side, Step out R to R side, Step L back to centre, Step R in beside L
- &3&4 Step forward L, make a ¹/₂ turn L, stepping weight back on R (x 2)
- &5 Tap L to L diagonal without weight, Press L forward on L diagonal
- 6 Bring feet together by sliding L next to R
- 7, 8 Starting to L, move hips in a full circular motion anti-clockwise

Step Points forward & back, Brush Cross, & Cross & Cross

- 1, 2 (To diagonal L for style) Step forward R, Point L forward
- 3, 4 (To diagonal R for style) Step L, point R back
- 5, 6 Brush R forward, Cross step R over L
- &7&8 Step L to L side, Cross step R over L, Step L to L side, Cross step R over L

Full Paddle turn L, Full Paddle turn R

- 1, 2-4 Step forward L, make a full turn (or more!) L using a series of ball changes almost on the spot
- 5, 6-8 Step forward R, make a full turn (or more!) R using a series of ball changes almost on the spot (end L behind R)

(Simplified counts 1-4: make full turn (or more) L by stepping alternately L-R-L-R; 5-8: make full turn (or more) R by stepping alternately R-L-R-L (end L behind R)

Tap Tap Point, Jazz box, Hold, Close, Hip roll

- &a1 To L diagonal tap L toe (x 2), Extend/Point L toe
- 2, 3, 4 Cross L over R, Step back on R, Step L to L side
- 5 Hold in place (straighten knees)
- 6 Bring feet together by sliding L next to R
- 7, 8 Starting to L, move hips in a full circular motion anti-clockwise

Section C

Tap Tap Point, Jazz box, Hold, Close, Hip roll

- &a1 To L diagonal tap L toe (x 2), Extend/Point L toe
- 2, 3, 4 Cross L over R, Step back on R, Step L to L side
- 5 Hold in place (straighten knees)
- 6 Bring feet together by sliding L next to R
- 7, 8 Starting to L, move hips in a full circular motion anti-clockwise

Tap Point Close, Tap Point, Cross, Unwind, Step, Close, Hip roll

- &a1 To L diagonal tap L toe, Extend/Point L toe, Close L next to R
- &2 To R diagonal tap R toe, Extend/Point R toe
- 3, 4 Cross R over L, Unwind full turn L
- 5 Step L to L side
- 6 Bring feet together by sliding L next to R
- 7, 8 Starting to L, move hips in a full circular motion anti-clockwise

1/2 Turn Point x 2, Hold, Close, Hip roll

- 1, 2 Stepping back on L make ½ turn L, Point R to R side
- 3, 4 Stepping forward on R make ½ turn R, Point L to L side
- 5 Hold in place, lowering L heel
- 6 Bring feet together by sliding L next to R
- 7, 8 Starting to L, move hips in a full circular motion anti-clockwise

Step, Close, Hip roll, 1/2 Turn Point x 2

- 1, 2 Step L to L side, Bring feet together by sliding L next to R
- 3, 4 Starting to L, move hips in a full circular motion anti-clockwise
- 5, 6 Stepping back on L make ½ turn L, Point R to R side
- 7, 8 Stepping forward on R make 1/2 turn R, Point L to L side

Full Paddle turn L, Full Paddle turn R

- 1, 2-4 Step forward L, make a full turn (or more!) L using a series of ball changes almost on the spot
- 5, 6-8 Step forward R, make a full turn (or more!) R using a series of ball changes almost on the spot (end L behind R)
- (Simplified counts 1-4: make full turn (or more) L by stepping alternately L-R-L-R;
- 5-8: make full turn (or more) R by stepping alternately R-L-R-L (end L behind R)

Dedicated to Anne and Dan.

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