

## Hold Your Breath

48 Count, 4 Wall, Intermediate

Choreographer: James Hendry (UK) March 2011

Choreographed to: Don't Hold Your Breath  
by Nicole Scherzinger

- 
- 1-8 Stomp, ¼ Kick, Coaster Cross, Weave, Point**  
1-2 Stomp right, ¼ turn over left shoulder kicking left foot.  
3&4 Step left back, Step right next to left, Cross left over right.  
5-6& Step right to right side, Cross left behind right, Step right to right side.  
7-8 Cross left over right, Point right toe to right side.
- 9-16 Step, Point, Sailor 1/4 Turn, Skate, Skate, Forward Shuffle**  
1-2 Step right back, Point left toe to left side.  
3&4 ¼ turn, Step left behind right, Step right to right side, Step left next to right.  
5-6 Skate right, Skate left.  
7&8 Step right forward, Step left next to right, Step right forward.
- 17-24 ¼ Turn, Step, Touch Cross, Hold, Cross, Weave**  
1-2 ¼ turn, Step left to left side, Touch right toe to left instep.  
3&4 Step right next to left, Cross left over right, **Hold Count 4**  
8&5-6 Step right next to left, Cross left over right, Step right to right side.  
7&8 Cross left behind right, Step right to right side, Cross left over right.
- 25-32 Rock Recover, Sailor ½ Turn, Walk, Walk, Forward Shuffle**  
1-2 Rock right to the right side, Recover back on to left.  
3&4 1/2turn, Step right behind left, Step right next to left, Step left next to right.  
5-6 Walk left, Walk right.  
7&8 Step left forward, Step right next to left, Step left forward.
- Tag Wall 1 End Of Section:**  
1-4 2x Step Left Forward ½ Pivot

**Restart** The Dance After The End Of Section 4 Wall 4

- 33-40 Step, ½ Turn, Forward Shuffle, ¾ Turn Shuffle**  
1-2 Step right forward, ½ turn over left shoulder.  
3&4 Step right forward, Step left next to right, Step right forward.  
5-6 Step left forward, ¾ turn over right shoulder.  
7-8 Step left forward, step right next to left, Step left forward.
- 41-48 Step, ¼ Weave, Side Rock, Step**  
1-2 Step right forward, ¼ turn over left shoulder.  
3-4 Cross right over left, Step left to left side.  
5&6 Cross right behind left, Step right to right side, Cross left over right.  
7&8 Rock left to left side, recover weight back onto left, Step left In

**Tag Wall 7 End Of Section 6:**  
1-4 2x Step Left Forward ½ Pivot

End Of Dance!!