

Hold On**IMPROVER**

32 Count 4 Walls

Choreographed by: John Huffman

Choreographed to: I Hold On by Dierks Bentley

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- 1 Back Rock, Recover, Kick Ball Change, Step, Touch, 1/4 Shuffle**
1 - 2 1) Rock back on R, 2) Recover to L
3 & 4 3) Kick R fwd, &) Ball step R in place, 4) Step L fwd
5 - 6 5) Step R to R diagonal, 6) Touch L next to R
7 & 8 7) Turn 1/4 L Stepping fwd on L, &) Step R next to L, 8) Step L fwd (9:00)
- 2 Rock, Recover, Back, 1/4, Cross, 1/4, 1/4, Crossing Shuffle**
1 - 2 1) Rock fwd on R, 2) Recover to L
3 & 4 3) Step back on R, &) Turning 1/4 L step L to L side, 4) Step R across L
5 - 6 5) Turn 1/4 R stepping back on L, 6) Turn 1/4 R stepping R to side
7 & 8 7) Step L across R, &) Step R to R side, 8) Step L across R (12:00)
- 3 Side Rock (sway), Recover, Cross Point Cross, Side Rock (sway), Recover, Cross Point Cross**
1 - 2 1) Rock R to R side, swaying R, 2) Recover to L
3 & 4 3) Step R across L, &) Point L to L side, 4) Step L across R (moving fwd)
5 - 6 5) Rock R to R side, swaying R, 6) Recover to L
7 & 8 7) Step R across L, &) Point L to L side 8) Step L across R (moving fwd) (12:00)
- 4 Dip, Extend, 1/4 Dip, Extend, Shuffle 1/2, Shuffle 1/2**
1 - 2 1) With slight dipping action, step R to R side, 2) Facing L diag, rise with full weight on R while extending L in place, locking both knees (this should be fluid)
3 - 4 3) With slight dipping action, step L in place while turning 1/4 R, 4) Rise with full weight on L while extending R in place, locking both knees (should be fluid) (3:00)
5 & 6 5) Turning 1/4 R step R to R side, &) Step L next to R, 6) Turning 1/4 R step R fwd
7 & 8 7) Turning 1/4 R step L to L side, &) Step R next to L, 8) Turn 1/4 R step back on L (3:00)
- Ending**
.. Hold On -The dance ends square but after the last shuffle 1/2 you will be facing the back wall.Taking 1 more step, Turn 1/2 R step fwd on R
.. I Hold On- Turn the last shuffle 1/2 an extra 1/4 to face the front wall

Repeat, Have Fun