

Hold On

Phrased, 2 Wall, Improver, Polka
Choreographer: Michael Desire (FR) May 2013
Choreographed to: Hold On by TinkaBelle

Sequence: 8-count intro, AB, Tag 1, ABA, Tag 2, B(1-16), B, B(1-16), C
Start dancing on lyrics

PART A

SIDE ROCK, JAZZ BOX SYNCOPATED, SIDE ROCK, JAZZ BOX SYNCOPATED

- 1-2 Rock right side, recover to left
- 3&4 Cross right over, step left back, step right side
- 5-6 Rock left side, recover to right
- 7&8 Cross left over, step right back, step left side

ROCK STEP, TRIPLE TURN ½ RIGHT, STEP, TURN ¼ RIGHT, TRIPLE FORWARD

- 1-2 Rock right forward, recover to left
- 3&4 Chassé back right-left-right turning ½ right
- 5-6 Step right forward, turn ¼ right (weight to right)
- 7&8 Chassé forward left-right-left

CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR STEP

- 1-2 Cross right over, step left side
- 3&4 Right sailor step
- 5-6 Cross left over, step right side
- 7&8 Left sailor step

ROCK STEP, TRIPLE TURN ½ RIGHT, TRIPLE TURN ¼ RIGHT, FLICK BALL CHANGE

- 1-2 Rock right forward, recover to left
- 3&4 Chassé back right-left-right turning ½ right
- 5-6 Chassé forward left-right-left turning ¼ right
- 7&8 Flick right back, step right together, step left together

PART B

KICK BALL CROSS, SIDE ROCK, CROSS SHUFFLE, TURN ¼ RIGHT TWICE

- 1&2 Right kick ball cross
- 3-4 Rock right side, recover to left
- 5&6 Crossing chassé right-left-right
- 7-8 Turn ¼ right and step left back, turn ¼ right and step right side

CROSS ROCK STEP, TRIPLE TURN ½ LEFT, RIGHT TO WEAVE SYNCOPATED

- 1-2 Cross/rock left over, recover to right
- 3&4 Triple in place left-right-left turning ½ left
- &5 Step right side, cross left behind
- &6 Step right side, cross left over
- &7 Step right side, cross left behind
- &8 Step right side, cross left over

SIDE ROCK, BEHIND SIDE CROSS, POINT SWITCHES WITH TURN ¼ LEFT, KICK BALL CHANGE

- 1-2 Rock right side, recover to left
- 3&4 Behind-side-cross right-left-right
- 5&6 Point left side, turn ¼ left and step left together, touch right side
- 7&8 Right kick ball change

ROCK STEP, TRIPLE TURN ½ RIGHT, TRIPLE TURN ¼ RIGHT, KICK BALL CHANGE BACK

- 1-2 Rock right forward, recover to left
- 3&4 Chassé back right-left-right turning ½ right
- 5-6 Chassé forward right-left-right turning ¼ right
- 7&8 Kick right back, step right together, step left together

PART C**SIDE ROCK, JAZZ BOX SYNCOPATED, SIDE ROCK, SYNCOPATED**

- 1-2 Rock right side, recover to left
- 3&4 Cross right over, step left back, step right side
- 5-6 Rock left side, recover to right
- 7&8 Cross left over, step right back, step left side

TURN ¼ RIGHT, TURN ½ RIGHT, TURN ½ RIGHT, TOUCH

- 1-2 Turn ¼ right and step right side, turn ½ right and step left side
- 3-4 Turn ½ right and step right side, touch left together

TAG 1**JUMP BACK DIAGONALY, BOUNCE, JUMP BACK DIAGONALY, BOUNCE, KICK BALL CHANGE, KICK BALL CHANGE**

- &1-2 Step right diagonally back, step left together, bounce heels
- &3-4 Step left diagonally back, step right together, bounce heels
- 5&6 Right kick ball change
- 7&8 Right kick ball change

TAG 2**JUMP RIGHT BACK DIAGONALY, BOUNCE, DIAGONALY JUMP BACK LEFT, BOUNCE, KICK BALL CHANGE**

- &1-2 Step right diagonally back, step left together, bounce heels
- &3-4 Step left diagonally back, step right together, bounce heels
- 5&6 Right kick ball change