

**Hold On**  
INTERMEDIATE

32 Count 4 Walls

Choreographed by: Stephen Stewart

Choreographed to: Hold On by K T Tunstall

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- 1 - 8      ROCK R, RECOVER, COASTER STEP, ROCK, RECOVER, 3/4 SHUFFLE LEFT**  
1 - 2      Rock fwd R, recover on to L  
3 & 4      Step back R, Step L next to R, step fwd R  
5 - 6      Rock fwd L, recover on to R  
7 & 8      Make a shuffle 3/4 over L shoulder stepping L,R,L
- 9 - 17      CROSS, SIDE, SAILOR 1/4 RIGHT, STEP, ROCK, RECOVER, TRIPLE FULL TURN RIGHT**  
9 - 10      Cross R foot over L, step L to L side  
11 & 12      Step R behind L, step L to L side, step fwd R making 1/4 turn R  
13 - 14,15      Step fwd L, rock fwd R, recover on to L  
16 & 17      make a full turn R stepping L,R,L
- 18 - 24 &      STEP LEFT, PIVOT 1/4 TURN RIGHT, SHUFFLE FWD LEFT, HIP BUMPS X 2**  
18 - 19      Step fwd L, pivot 1/4 R taking weight on to R foot  
20 & 21      Step fwd L, close R next to L, step fwd L  
22 & 23      Step fwd R, bump hips fwd, back, fwd (1&2)  
24 &      Step fwd L and bump hips L,R (taking weight on to R)
- 25 - 32      ROCK, RECOVER, 1/2 LEFT SHUFFLE, ROCK AND CROSS X 2**  
25 - 26      Rock fwd L, recover weight on to R  
27 & 28      shuffle 1/2 turn over L shoulder (stepping L,R,L)  
29 & 30      Rock out to R on R foot, recover on to L, cross R over L  
31 & 32      Rock out to L on L foot, recover on to R, cross L over R
- TAG - 16 counts, On Wall 4(9 O'clock) Restart Wall 6(3 O'clock), Repeated on Wall 8, With Restart on Wall 10**
- 1 - 8      JAZZ BOX 1/4 TURN RIGHT, ROCK LEFT, RECOVER, BEHIND SIDE CROSS**  
1 - 2      Cross R over L, step back on L making 1/4 turn R  
3 - 4      step R foot to R side, touch L foot next to R  
5 - 6      Rock out to L on L foot, recover on to R  
7 & 8      Step L behind R, step R to R side, cross L over R
- 1 - 8      JAZZ BOX 1/4 TURN RIGHT, ROCK LEFT, RECOVER, BEHIND SIDE CROSS**  
1 - 2      Cross R over L, step back on L making 1/4 turn R  
3 - 4      step R foot to R side, touch L foot next to R  
5 - 6      Rock out to L on L foot, recover on to R  
7 & 8      Step L behind R, step R to R side, cross L over R
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