



Approved by:



# Hold On

## 2 WALL - 32 COUNTS - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b>	<b>Hitch Ball Step, Pivot 1/2, Step, Pivot 1/2 Sweep, Behind Side Cross, 1/4 Turn</b>		
1 & 2	Hitch right knee. Step ball of right slightly back. Step left forward.	Hitch Ball Step	On the spot
3 - 4	Pivot 1/2 right (taking weight on right). Step left forward.	Pivot Step	Turning right
5	Pivot 1/2 right sweeping right out and around.	Pivot	
6 & 7	Cross right behind left. Step left to left side. Cross right over left.	Behind Side Cross	Left
8	Make 1/4 turn left stepping left forward. (9:00)	Turn	Turning left
<b>Section 2</b>	<b>Side Together Back, Turn Together Step, Kick Out Out, Skate x 2</b>		
1 & 2	Step right to side. Step left beside right. Step right back.	Side Together Back	Back
3 & 4	Make 1/4 turn left stepping left to side. Step right beside left. Step left forward.	Turn Together Step	Turning left
5 & 6	Kick right forward. Step right to right side. Step left to left side. (6:00)	Kick Out Out	On the spot
7 - 8	Skate right in place. Skate left in place.	Skate Skate	On the spot
<b>Restarts</b>	<b>Walls 4 and 7:</b> Begin dance again from beginning at this point.		
<b>Section 3</b>	<b>Modified Monterey 1/2, Cross Shuffle, 1/4 Turn, 1/2 Turn, Back Rock, Step</b>		
1 &	Point right toes to right. On ball of left turn 1/2 right stepping right beside left.	Point Turn	Turning right
2	Point left toes to left.	Point	On the spot
3 & 4	Cross left over right. Step right to side. Cross left over right.	Cross Shuffle	Right
5 - 6	Make 1/4 turn right stepping right to side. Make 1/2 turn right stepping right back.	Turn Turn	Turning right
7 & 8	Rock right behind left. Recover onto left. Step right to right side. (9:00)	Back Rock Side	Right
<b>Section 4</b>	<b>Cross 1/4 Turn, 1/4 Turn Cross, Lunge, Coaster 1/4 Turn</b>		
1 - 2	Cross left over right. Making 1/4 turn left step right back.	Cross Turn	Turning left
3 - 4	Making 1/4 turn left step left to side. Cross right over left. (3:00)	Turn Cross	
5 - 6	Lunge left to left side. Recover weight onto right.	Lunge Recover	On the spot
7 & 8	Cross left behind right. Making 1/4 turn right step right to side. Step left forward.	Coaster Turn	Turning right

**Choreographed by:** Choreographed by: Yvonne Anderson (Scotland) November 2007

**Choreographed to:** 'Hold On' by KT Tunstall (106 bpm) from CD Drastic Fantastic; also downloadable from iTunes or Napster (32 count intro - start just before vocal)

**Restarts:** There are 2 Restarts, both at the end of section 2, during Walls 4 and 7