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Hold Me

32 count, 4 wall, intermediate level Choreographer: William Sevone (Dec 2006) Choreographed to: Hold Me, Thrill me, Kiss me by Gloria Estefan or Tommy Edwards (73 bpm) (without Bridge); Don't Let This Moment End by Glora Estefan (131 bpm)

Dance starts on the vocals after the very short intro

Choreographers note: One of my personal 'Desert Island Discs'.

As for the Bridge. It isn't tricky, but it could frustrate some dancers at first - just dance through at normal tempo. If you wish to try the dance without the bridge, then I can recommend Tommy Edwards version of the song. Which ever version you choose - just close your eyes and melt away.

For an up-tempo, non Bridged dance try the music 'Don't Let This Moment End' by Gloria Estefan. Dance starts on the vocals after the very short intro. Feet slightly apart, weight on the right.

2x Jazz Box with Expression. 1/2 Right Sweep (6:00)

- Cross left over right. Slightly lifting right step backward onto right. 1 - 2
- 3 Step left to left side.
- 4 5Cross right over left. Slightly lifting left - step backward onto left.
- 6 Step right to right side.
- 7 8Sweep left leg ½ right - extending left as you sweep - end with left foot across right (6:00)

2x Chasse. Behind. 1/2 Right. Cross Rock. Lift Step (12:00)

- (upper body facing diagonal right) Chasse right: R.L-R.
- 11& 12 (upper body facing diagonal left) Chasse left: L.R-L.

BRIDGE:Starting point - as music slows on 6th wall

- 13 14 Cross step right behind left. Unwind ½ right (weight on right) (12:00)
- 15 16 Cross rock left over right. Slightly lifting right step down onto right.

Side. Cross Rock. Lift Step. Fwd. Full Turn. Shuffle Fwd (12:00)

- Step left to left side.
- 18 19 Cross rock right over left. Slightly lifting left step down onto left.
- 20 Step forward onto right.
- 21 22 Turn 1/4 right & step left to left side. Turn 3/4 right on ball of left (12:00)

BRIDGE:Ending point

23& 24 Shuffle forward: R.L-R.

4x Sway. 1/4 Left. 1/2 Left. Rock Behind. Recover (3:00)

- 25 26 Swaying body step left to left side. Sway onto right foot.
- 27 28 Sway onto left foot. Sway onto right foot.
- 29 30 Turn ¼ left & step left to left side. Turn ½ left & step right to right side (3:00)
- 31 32 Rock left foot behind right. Recover weight onto right.

BRIDGE: During the 6th wall (whilst facing 6:00) - replacing counts 13-22 as the music slows,

Behind. 1/2 Right. Fwd. Hold. Rec. Hold. 1/2 Left Sweep. 1/2 Right Sweep. Fwd Cross. Shuffle Fwd.

- 13 14 Cross step right behind left. Unwind ½ right (weight on right) (12:00)
- 15 16 Step forward onto left right heel off floor. Hold.
 17 18 Step down onto right left heel off floor. Hold
- 19-20 Loosely cross arms and sweep left leg $\frac{1}{2}$ left unfolding arms and extending left as you sweep (over two counts) – end with left foot behind right (6:00)
- 21 Sweep right leg ½ right extending right arm at same time - end with right foot next to left
- Cross step left forward sweeping left arm out and backward.

The accent of the music now changes to allow for the forward shuffle (23&24) and continuation of the dance.

Music download available from itunes