

Hold A Woman

48 Count, 4 Wall, Intermediate

Choreographer: Pat Megahan (March 2013)

Choreographed to: Hold A Woman by Bucky Covington

Start dancing on lyrics

- 1&2 Chassé side right-left-right turning $\frac{1}{4}$ right
3&4 Step left forward, turn $\frac{1}{2}$ right (weight to right), turn $\frac{1}{2}$ right and step left back
5&6 Step right back, step left back, step right back
7-8 Rock left back, recover to right
- 1&2 Chassé forward left-right-left
& Turn $\frac{1}{2}$ left and hitch right
3&4 Chassé forward right-left-right
5-6 Rock left forward, recover to right
7&8 Step left back, step right back, step left back
- 1 Turn $\frac{1}{2}$ right and sweep/step right back
2&3 Left coaster step
4&5 Turn $\frac{1}{2}$ left and chassé forward right-left-right
6 Touch left forward
7&8 Left sailor step turning $\frac{1}{2}$ left
- 1-2 Cross/rock right over, recover to left
3&4 Turn $\frac{1}{2}$ left and right coaster step
5-6 Cross/rock left over, recover to right
7&8 Locking chassé back left-right-left
- 1 Turn $\frac{1}{2}$ right and sweep/step right forward
2&3 Left coaster step
4-5 Cross right over, step left side
6& Cross right over, step left side
7&8 Cross right over, step left side, cross right over
- 1-2 Rock left side, recover to right
3&4 Behind-side-cross left-right-left
5-6 Turn $\frac{1}{2}$ right and step right forward, turn $\frac{1}{2}$ right and step left side
7-8 Sway right, sway left