



Web site: www.linedancermagazine.com

E-mail: admin@linedancermagazine.com

Hoedown Throwdown

48 Count, 1 Wall, Intermediate

Choreographer: Jamal Sims (July 2012)

Choreographed to: Hoedown Throwdown by Miley Cyrus,
CD: Hannah Montana Movie Soundtrack

Start dancing on lyrics

- 1 POP IT, LOCK IT, POLKA DOT IT, COUNTRIFY THEN HIP HOP IT (PUT YOUR)**
1 Extend left arm forward, open palm down, fingers together
2 Swivel both heels right to face 10:30 and sit slightly, bringing elbows up and out to sides
3 Step left to side (right palm forward with one finger pointing upward and leaning right)
& Step right together (finger now leaning left)
4 Step left to side (finger now leaning right)
& Hook thumbs on belt
5&6& Touch right heel forward, step right together, touch left heel forward, step left together
7 Turn 1/8 left (face 10:30) and kick right forward (punch both hands forward, crossed at wrists)
& Step right together (bring elbows back)
8 Hold (punch fists together at waist level)
& Lift both arms out to sides
- 2 HAWK IN THE SKY, MOVE SIDE TO SIDE, JUMP TO THE LEFT, STICK IT, GLIDE**
1 Step right to side (arms crossed in front, elbows high, each hand on top of the other elbow)
& Kick left forward (raise hands to form an X in front of you, arms crossed at the forearm)
2 Step left together (return arms to crossed position)
& Twist upper body to left (10:30)
3 With arms still crossed and up, bounce arms down slightly
& Lift arms back up and twist upper body to right (1:30)
4 With arms still crossed and up, bounce arms down slightly
& Lift arms back up (still facing 1:30)
5 Scuff left forward (toward 1:30)
& Step left forward
6 Turn 3/8 left (9:00) and step right forward
7 Punch right hand to side (punch toward 12:00)
8 Big step left to side and slide right toward left
- 3 ZIG ZAG, ACROSS THE FLOOR, SHUFFLE IN DIAGONAL (WHEN THE)**
1 Hold
& Cross/touch right over left
2 Touch right diagonally forward
& Flick right behind left (touch right foot with left hand)
3&4 Turn 1/8 right and step right to side (10:30), step left together, step right to side
& Touch left together (elbows out to side, hands down)
5 Step left to side (elbows out to side, hands up)
& Step right together (elbows out to side, hands down)
6 Step left to side (elbows out to side, hands up)
& Turn 1/4 right (1:30) (elbows out to side, hands down)
7 Step right to side (elbows out to side, hands up)
& Step left together (elbows out to side, hands down)
8 Step right to side (elbows out to side, hands up)
& Turn 1/8 left (12:00) (hands relax at sides)
- 4 DRUM HITS, HANDS ON YOUR HIPS, ONE FOOTED 180 TWIST (AND THEN A)**
1 Kick left forward and punch right hand forward
& Step left forward
2 Kick right forward and punch left hand forward
& Step right forward
3 Punch both hands out to the sides
4 Place hands on hips
5 Turn upper body as far to the right as possible (open your hips, too)
& Step right toward back wall (6:00)
6 Step left together (now facing back wall)
7&8 Hop three times in place on left foot, turning 1/2 turn left (elbows out to side, hands up) (12:00)
& Hands down at sides
-

5 ZIG ZAG, STEP SIDE, LEAN IT LEFT, CLAP THREE TIMES

- 1 Hold
& Cross/touch right over left
2 Touch right diagonally forward
& Flick right behind left (touch right foot with left hand)
3 Step right to side
4 Big step left to side (weight even)
5&6 Punch left hand forward, punch right hand forward, punch left hand forward (during counts 5&6, gradually move weight entirely to left foot, with body turned slightly right, toward 1:30)
7 Shift weight forward to right foot (1:30)
&&& Clap hands low, medium, high

6 SHAKE IT OUT HEAD TO TOE, THROW IT ALL TOGETHER, THAT'S HOW WE ROLL

- 1-4 Walk in a small circle turning $\frac{3}{4}$ to left, stepping left, right, left, right while shimmying shoulders (3:00)
5 Turn $\frac{1}{4}$ left and step left forward and punch right low forward (12:00)
6-7-8 Cross/touch right behind left, step right back, step left together (put elbows out to side, hands up)

PHRASING: The song is phrased as follows:

- 64 counts of freestyle
 - 48-count dance
 - 36 counts of freestyle
 - 48-count dance
 - 32 counts of freestyle
 - 48-count dance
 - 48 counts of freestyle (or do the whole dance here again)
- Respond with "Throwdown" after she sings "Hoedown".
Stomp and clap when she says Boom Boom Clap.