

**RIGHT KICK BALL CHANGES, SAILOR SHUFFLES**

- 1 Kick right foot forward  
& Step on ball of right foot next to left  
2 Shift weight onto left foot  
3 & 4 Repeat beats 1&2  
5 Cross right foot behind left and step  
& Step slightly to the left on left foot  
6 Step right foot next to left  
7 Cross left foot behind right and step  
& Step slightly to the right on right foot  
8 Step left foot next to right

**FORWARD SHUFFLE, TO THE RIGHT MILITARY PIVOT, TURNING SHUFFLE, ROCK STEPS**

- 9 & 10 Shuffle forward right-left-right  
11 Step forward on left foot  
12 Pivot 1/2 turn to the right on ball of left foot and shift weight to right foot  
13 & 14 Shuffle forward left-right-left making a 1/2 turn to the right  
15 Step back on right foot while lifting left foot slightly  
16 Step forward onto left foot

**TURNING TRIPLES**

- 17 Step forward on right foot  
& Step slightly to the left on left foot making a 1/4 turn to the left with the step  
18 Step right foot next to left  
19 Step left foot next to right  
& Step slightly to the right foot making a 1/4 turn to the left with the step  
20 Step left foot next to right  
21 Step right foot next to left  
& Step slightly to the left on left foot making a 1/4 turn to the left with the step  
22 Step right foot next to left  
23 Step left foot next to right  
& Step slightly to the right on right foot, making a 1/4 turn to the left with the step  
24 Step left foot next to right

**RIGHT KICK BALL CROSSES, HEEL SWITCHES**

- 25 Kick right foot forward  
& Step right foot next to left  
26 Cross left foot in front of right and step  
27 Step right foot next to left  
28 Kick left foot forward  
& Step left foot next to right  
29 Cross right foot in front of left and step  
30 Step left foot next to right  
31 Touch right heel forward  
& Step to home on right foot  
32 Touch left heel forward  
& Step left foot to home  
33 Touch right heel forward  
& Step right foot to home

**CROSS STEP, LEFT KICK BALL CROSSES, SIDE SHUFFLES AND PIVOTS**

- 34 Cross left foot over right and step  
35 Step right foot next to left  
36 Kick left foot forward  
& Step left foot next to right  
37 Cross right foot in front of left and step  
38 Step left foot next to right

39 & 40 Shuffle sideways to the right (right-left-right)  
& Pivot 1/2 turn to the right on ball of right foot  
41 & 42 Shuffle sideways to the left (left-right-left)  
& Pivot 1/2 turn to the left on ball of left foot  
43 & 44 Shuffle sideways to the right (right-left-right)

#### **HEEL SWITCHES, FORWARD STEP, STEP, SIDE SHUFFLES AND PIVOTS**

45 Touch left heel forward  
& Step left foot to home  
46 Touch right heel forward  
& Step right foot to home  
47 Step forward with a long step on left foot  
48 Step right foot next to left

#### **SIDE SHUFFLES AND PIVOTS, HEEL SWITCHES, FORWARD STEP**

49 & 50 Shuffle sideways to the left (left-right-left)  
& Pivot 1/2 turn to the left on ball of left foot  
51 & 52 Shuffle sideways to the right (right-left-right)  
& Pivot 1/2 turn to the right on ball of right foot  
53 & 54 Shuffle sideways to the left (left-right-left)  
55 Touch right heel forward  
& Step right foot to home  
56 Touch left heel forward  
& Touch left to home  
57 Step forward with a long step on right foot  
58 Step left foot next to right

#### **RIGHT KICK BALL CHANGES WITH TURN**

59 Kick right foot forward  
& Step on ball of right foot next to left  
60 Shift weight onto left foot  
61 Kick right foot forward  
& Step on ball of right foot next to left making a 1/4 turn to the left  
62 Shift weight. Onto left foot

#### **SYNCOPATED TOE TOUCHES**

63 Touch right toe forward  
& Step right foot to home  
64 Touch left toe forward  
& Step left foot to home  
65 - 66 Touch right toe forward, twice  
& Step left foot to home  
67 Touch left toe forward  
& Step left foot to home  
68 Touch right to forward  
& Step right foot to home  
69 - 70 Touch left toe forward twice  
71 Touch right toe forward  
& Step right foot to home  
72 Touch left toe forward  
& Step left foot to home

#### **FORWARD STEP, HIP BUMPS, HIP GRINDS**

73 Step forward with a long step  
74 Step left foot next to right  
75 - 76 Bump hips to the right twice  
77 - 78 Bump hips to the left twice  
79 Rotate hips to the left to the right  
80 Rotate hips to the left to the left  
81 - 82 Repeat beats 79 and 80

#### **FORWARD SHUFFLE, MILITARY PIVOT TO THE LEFT, FORWARD SHUFFLE, STOMPS**

83 - 84 Shuffle forward (right-left-right)  
85 Step forward on left foot  
86 Pivot 1/2 turn to the right on ball of left foot and shift weight to right foot

- 87 & 88 Shuffle forward (left-right-left)
- 89 Stomp right foot next to left
- 90 Stomp left foot next to right (stomp down)

**REPEAT**

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