

## Hittin The Hay

BEGINNER

60 Count

Choreographed by: Donna Eliassen

Choreographed to: Hitting The Hay by Rednex

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- 1 - 2 Step left over right-grinding left heel into ground, step right to right side-pivoting on ball of right foot  
3 - 4 Step left over right-grinding left heel into ground, step right to right side-pivoting on ball of right foot  
5 & 6 Rock left over right, rock right on spot, rock left over right  
7 & 8 Rock right over left, rock left on spot, rock right over left

### **/Rock onto right heel here, and commence heel grinding**

- 9 - 10 Step left to left side-pivoting on ball of left foot step right over left-grinding right heel into ground  
11 - 12 Step left to left side-pivoting on ball of left foot step right over left-grinding right heel into ground  
13 - 14 Rock left over right, rock right on spot, rock left over right  
15 - 16 Rock right over left, rock left on spot, rock right over left  
17 - 18 Elvira cha-cha to left  
19 - 20 Rock back on right, step left in place  
21 - 22 Elvira cha-cha to right  
23 - 24 Rock back on left, step right in place  
25 - 26 Step forward on left-wiggle walk, step forward on right-wiggle walk  
27 & 28 Shuffle forward left-right-left (turning body 45 degrees to right)  
29 - 30 Step forward on right-wiggle walk, step forward on left-wiggle walk  
31 - 32 Shuffle forward right-left-right (turning body 45 degrees to left)  
33 - 34 Rock forward on left, step right on spot  
35 - 36 Turn 1/2 turn left, cha-cha-cha-ing left-right-left  
37 - 38 Rock forward on right, step left on spot  
39 - 40 (Small) shuffle backwards right-left-right

### **STAR JUMPS**

- 41 Jump onto left foot, putting right heel out at 45 degrees to right  
42 Jump cross legged right over left  
43 Jump onto right foot, putting left heel out at 45 degrees to left  
44 Jump feet together  
45 - 46 Touch right toe to side, cross right over left  
47 - 48 Unwind, clap  
49 - 50 Step forward on right, pivot 1/4 turn to left kicking left foot forward  
51 & 52 Cha-cha-cha left-right-left  
53 - 54 Step forward on right, pivot 1/2 turn to left  
55 & 56 Shuffle forward right-left-right  
57 - 58 Touch left toe to side, cross left over right  
59 - 60 Unwind, clap

### **REPEAT**