

## Hit The Ground

48 Count, 2 Wall, Improver

Choreographer: Shaz 'n' Dave (UK) May 09  
Choreographed to: Hit The Ground Runnin' by  
Keith Urban, Album: Defying Gravity

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### 48 Count Intro

- 1. Cross Rock, Recover, ¼R, ¼R point, Together, Point, ½R, Point (Monterey)**  
1-2 Cross rock right over left, Recover on left  
3-4 Make ¼ right stepping right forward, Make ¼ right pointing left to left side  
5-6 Step left beside right, Point right to right side  
7-8 Make ½ turn right stepping right beside left, Point left to left side (Monterey)
  - 2. Cross Shuffle, ¼L, ¼L, Rock, Recover, ½R, Brush**  
1&2 Cross step left over right, Step right to right side, Cross step left over right (Cross Shuffle)  
3-4 Make ¼ left stepping back right, Make ¼ left stepping left to left side  
5-6 Rock forward on right, Recover on left  
7-8 Make ½ turn right stepping right forward, Brush left forward
  - 3. Shuffle Forward, Rock, Recover, ½R, ¼R, Behind, Side**  
1&2 Step left forward, Step right beside left, Step left forward (Shuffle)  
3-4 Rock forward right, Recover on left  
5-6 Make ½ right stepping right forward, Make ¼ right stepping left to side  
7-8 Cross step right behind left, Step left to left side
  - 4. Cross, Side, Sailor ¼R, Rock, Recover, &Together, Heel Tap x2**  
1-2 Cross step right over left, Step left to left side  
3&4 Cross step right behind left, Step left to left side, Step right to right side (Sailor)  
5-6& Rock forward left, Recover on right, Step left next to right  
7-8 Tap right heel forward, Tap right heel forward
  - 5. Touch, Kick, Syncopated Jazz, Step Forward, ½R Pivot, ¼R Side Left, Hold**  
1-2 Touch right toe next to left (Pop right knee), Kick right diagonal right  
3&4 Cross step right over left, Step back left, Step right to right side (Jazz)  
5-6 Step left forward, ½ Pivot right  
7-8 ¼ right step left to side left, Hold
  - 6. Right Wizard, ¼L Touch Left Side, Hold, &Together, Weave**  
1-2& Step right diagonal right, Lock left behind right, Step right diagonal right (Wizard)  
3-4& ¼ left point left to left side, Hold, Step left next to right  
5-6 Cross step right over left, Step left to left side  
7-8 Cross step right behind left, Step left to left side (Weave)
- Tag** End of walls 1 & 3 (Facing back wall both times)  
**Right Kick, Jazz, Left Kick, Jazz**
- 1-2 Kick right across left, Cross step right over left
  - 3-4 Step back left, Step right to right side
  - 5-6 Kick left across right, Cross step left over right
  - 7-8 Step back right, Step left to left side
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