

Hips Don't Lie

32 count, 4 wall, intermediate level

Choreographer: Vicki Douglas (UK) June 2006
Choreographed to: Hips Don't Lie by Shakira
featuring Wycliffe Jean. CD Oral Fixation Volume 2
(extra tracks) or CD single (143 bpm)

Start after 16 counts

Half Rumba L, Half Rumba R, Left Mambo Forward, Right Coaster 1/4 Turn

- 1&2 Step Left to Left side. Step Right next to Left. Step forward Left.
3&4 Step Right to Right side. Step Left next to Right. Step forwards on Right.
5&6 Rock forward on left. Recover right. Step back on left.
7&8 1/4 Turn Right sweeping Right foot round to step back on Right. Step Left beside Right.
Step forward on Right.

Full Turn 3 Little Runs L,R,L, Jazz Box, Steps with Hips x2, Coaster Step

- 1&2 Small full turn run around to your Left stepping L,R,L.
3&4 Cross right over left. Step back on left. Step right to right side.
5-6 Step forward on left pushing left hip out. Step forward on right pushing right hip out.
7&8 Step back on left. Step Right beside Left. Step forward on to left.

Full Turn Right, Hips x3, Back Shuffle R,L,R

- 1-2-3 Turn 1/4 Right stepping R forward. Turn 1/2 Right stepping back on the left.
Turn 1/4 Right stepping right to right side. (Nice and Slow)
4-5-6 Sway Hips L,R,L leaving weight on left
7&8 Shuffle back on the right R,L,R

Sailor 1/2 Turn Left, 1/4 Turn Chasse, 3/4 Turn R, Hip Bumps L,R,L

- 1&2 Left sailor step completing a 1/2 turn over left.
(Can sweep left foot round as you make 1/2 turn to look more effective)
3&4 Making a 1/4 turn left as you Chasse to the right stepping R,L,R
5-6 Cross Left over Right, make 3/4 turn over Right shoulder – end weight on Right.
7&8 Bump Hips L,R,L.

Have Fun and Enjoy!
