

Hippy Shak

48 count, 4 wall, intermediate level

Choreographer: Valerie Cortes (Gibraltar) June 2006

Choreographed to: Hips Don't Lie by Shakira

Start on main vocals

SECTION 1 Step rock step, step rock step, shuffle forward, shuffle back

- 1&2 Step right foot forward ,rock left foot to left side recover on right foot
3&4 Step left foot forward, rock right to right side recover on left foot
5&6 Step right foot forward close left behind right step right foot forward
7&8 Step left foot back close right in front of left step left foot back

SECTION 2 1/4 and 1/2 turn hitch shuffles 1/2 turn hitch turns 1/2 turn shuffle

- 1&2 Hitch right knee making 1/4 right step onto right foot close left behind right step right foot forward
3&4 Hitch left knee making 1/2 turn left step onto left foot close right behind right step left foot forward
5 6 Hitch right knee making 1/2 turn right step right foot down, hitch left knee making 1/2 turn left step left foot down
7&8 Hitch right knee making 1/2 turn right step right foot forward close left behind right step right foot forward

SECTION 3 Cross and heel and cross and heel and cross unwind full turn right rock and cross

- 1&2 Cross left foot over right , step right beside left and place left heel diagonally forward
&3&4 Step left foot beside right, cross right over left, step right foot back and place left heel diagonally, step right foot beside left.
5 6 Cross left foot over right unwind full turn right
7&8 Rock left foot to left side step right beside left cross left foot over right

SECTION 4 Kick ball cross right foot ,toe touch and heel dig and rocking chair

- 1&2 Kick right foot forward step right foot beside left, cross left foot over right
&3&4 Stepping onto left foot touch right toe behind left foot step onto right foot and place left heel forward
&5 6 Stepping onto left foot rock forward onto right recover on left
7 8 Rock back onto right foot recover on left

SECTION 5 Hip bumps forward stepping on right 1/2 turn left step forward left bump hips 1/2 turn right step forward right bump hips

- 1&2 Step on right bumping hip backwards and forwards
3&4 Making 1/2 turn left step onto left foot bumping hips forwards and backward
5&6 Step on right bumping hip backwards and forwards
7&8 Making 1/2 turn left step onto left foot bumping hips forwards and backward

SECTION 6 Rock right to right side recover , cross shuffle turn 1/2 right cross shuffle

- 1 2 Rock right to right side recover onto left
3&4 Cross right foot over left step onto left , cross right foot over left
5 6 Making a 1/4 turn right step left foot back, make 1/4 turn right step left foot to left side.
7&8 Cross left foot over right, step onto right to right side, cross left foot over right

TAGS; repeat sections 5 and 6 at end of wall 3

At the end of wall 6 sway hips for 4 counts or make a hip roll

ENDING: after wall 6 and the hips rolls repeat sections 5 and 6 only twice