



Approved by:

Patricia E. Stott

Hippy Hippy Shake

4 WALL – 48 COUNTS – BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Heel and Toe Twists with Claps		
1 – 4	Twist heels to left. Twist toes to left. Twist heels to left. Hold and clap.	Heels Toes Heels Clap	Left
5 – 8	Twist heels to right. Twist toes to right. Twist heels to right. Hold and clap.	Heels Toes Heels Clap	Right
Section 2	Hip Bumps Left, Hip Bumps Right, Hip Bumps - Left, Right, Left, Right		
1 – 2	Step left to left side bumping hips left twice.	Left Bump	On the spot
3 – 4	Bump hips right twice.	Right Bump	
5 – 8	Bump hips - Left, Right, Left, Right (weight ends back on right).	Left Right Left Right	
Section 3	Forward Step Points x 3, Touch In, Touch Side		
1 – 4	Step forward left. Point right to right side. Step forward right. Point left to left side.	Step Point Step Point	Forward
5 – 6	Step forward left. Point right to right side.	Step Point	
7 – 8	Touch right beside left (optional knee turned in). Point right to right side.	Touch In, out	On the spot
Section 4	Jazz Box 1/4 Turn Right, Weave Right		
1 – 2	Cross right over left. Step back on left.	Cross Back	Back
3 – 4	Step right 1/4 turn right. Cross left over right.	Turn Cross	Turning Right
5 – 6	Step right to right side. Cross left behind right.	Side Behind	Right
7 – 8	Step right to right side. Cross left over right.	Side Cross	
Restart	Wall 1: Step left beside right on count 8 then restart from beginning.		
Section 5	Side Right, Touch, Side Left, Touch, Step Out Right Left, Heel Bounce x 2		
1 – 2	Step right to right side. Tap left beside right swinging arms to right.	Right Touch	Right
3 – 4	Step left to left side. Tap right beside left swinging arms left.	Left Touch	Left
5 – 6	Step right slightly out to right side. Step left slightly out to left side.	Out Out	On the spot
7 – 8	Raise and lower both heels x 2.	Bounce Bounce	
Section 6	Right hips Bumps, Left Hip Bumps, Jump forward, Clap, Jump Back, Clap		
1 – 4	Bump hips right x 2. Bump hips left x 2	Right Bump, Left Bump	On the spot
& 5 – 6	Jump slightly forward, stepping - Right, Left. Clap.	& Forward, Clap	Forward
& 7 – 8	Jump slightly back, stepping right back then close left together. Clap.	& Back, Clap	Back

Choreographed by: Pat Stott (UK) December 2012

Choreographed to: 'Hippy Hippy Shake' by The Swinging Blue Jeans (140 bpm); download available from amazon.co.uk or iTunes (3 count intro)

Choreographer's note: Perform a double clap as they sing "shake it to the left, shake it to the right"

Restart: One Restart, during Wall 1



A video clip of this dance is available at www.linedancermagazine.com