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Hip Dip BEGINNER

32 Count

Choreographed by: Nancy Weibel Choreographed to: Trashy Women by Confederate Railroad

2 SHUFFLES, MILITARY TURN TO RIGHT, STEP LEFT, HOLD AND CLAP 1 & 2 Shuffle forward left, right, left 3 & 4 Shuffle forward right, left, right 5 Step forward on left foot 6 Keeping both feet in place pivot 1/2 to the right 7 Step wide to the left onto left foot, creating wide stance 8 Hold position and clap DIP HIPS LEFT, RIGHT, CROSS, TURN, STEP RIGHT, STOMP LEFT & CLAP Bend left knee and swing left hip downwards 9 Straighten left knee and swing left hip up and to the left and clap 10 Bend right knee and swing right hip downwards 11 12 Straighten right knee and swing right hip up and to the right and clap 13 Step left foot across in front of right leg 14 Keeping both feet in place, pivot 1/2 right (unwind) Step to the right onto the right foot 15 Stomp left foot next to right and clap 16 HEELS OUT-IN, BOUNCE ON HEELS TWICE, GRAPEVINE RIGHT 17 Keeping toes in place, swing heels outwards 18 Return heels to place 19 - 20 Bend knees and bounce heels on the floor twice 21 Step right to the right 22 Cross left behind right 23 Step right to the right 24 Stomp left GRAPEVINE LEFT WITH STAR, TURN 1/4 RIGHT, HITCH, SLAP LEFT KNEE 25 Step left to the left 26 Cross right behind left 27 Left step left 28 Touch right toe to floor in front 29 Touch right toe to right side Touch right to behind left heel 30 Turning 1/4 right, step onto right foot 31 Hitch left knee up and slap inside of left knee with right hand. 32 **REPEAT**