

SHIMMY, SHAKES, STOMP, STOMP, LIFT AND LOWER HEEL

- 1 & 2 & Bump hips and shoulders right, left, right, left
3 & 4 & Bump hips and shoulders right, left, right, left
5 Stomp right foot slightly out right side
6 Stomp left foot slightly out to left side
7 Turn toes slightly inward while rocking up on balls of both feet and bending knees toward each other
8 Bring feet back together and back to the floor

STEP, 1/4 TURN, STEP, 1/4 TURN, STEP, 1/4 TURN, STEP, 1/4 TURN

- 9 Step right foot forward
10 Pivot 1/4 turn to the left weight on left (swaying hips as you turn)
11 Step right foot forward
12 Pivot 1/4 turn to the left weight on left (swaying hips as you turn)
13 Step right foot forward
14 Pivot 1/4 turn to the left weight on left (swaying hips as you turn)
15 Step right foot forward
16 Pivot 1/4 turn to the left weight on left (swaying hips as you turn)

/You should now be facing starting wall as you complete

SCOOT, SLAP, SCOOT, SLAP, STEP, PIVOT, STEP, 3/4 TURN

- 17 Scoot forward on both feet, (feet slightly apart)
18 Slap thighs with both hands
19 Scoot forward on both feet, (feet slightly apart)
20 Slap thighs with both hands
21 Step forward on right foot
22 Pivot 1/2 turn to the left transfer weight to left
23 Step forward on right foot
24 Pivot 3/4 turn to the left transfer weight to left

ROCK STEPS FORWARD BACK

- 25 Rock forward on right foot
26 Recover back on left foot
27 Rock backwards on right foot
28 Recover forward on left foot
29 Rock forward on right foot
30 Recover back on left foot
31 Step in place with right foot
32 Step left foot next to right foot

REPEAT