

Introduction starts after first 32 counts of music.

INTRODUCTION (performed before the vocals)

HIP BUMPS, SIDE ROCKS, SIDE TOUCH, KNEE HITCH

- 1 Hands on hips, bump hip to right as you pop left knee fwd
2-4 Repeat count one three more times
5-8 Keep bumping hips to right with right hand on hip, push heel of left hand across body (waist height) toward right (in time to hip bumps)
9 Large step right on right, as you step, place hands together in prayer position.
10 Step right in next to left (keep hands in prayer)
11-12 Large step left on left (hand still in prayer). Step left in next to right (hands in prayer)
13 Touch right foot to right side (placing left hand behind head with elbow pointing out to side).
14 Hitch right knee up & inwards across body (bring left elbow across body towards right knee)
15-16 Return right foot to touch at right side (left elbow back to side). Repeat right knee hitch & left elbow across body (count 14)
17-32 Repeat counts 1-16 of introduction

THE DANCE (danced after intro. also insert the 16 count intro as a tag at the end of walls 2, 4 & 5)

TOE TOUCHES, KICK, GRAPEVINE INTO 1/4 TURN LEFT HITCHING KNEE (hands on hips)

- 1-2 Touch right foot to right side. Touch right foot across body diagonally to left
3-4 Touch right foot to right side. Kick right foot across body diagonally to left
5-6 Step right to right side. Cross left behind right.
7-8 Step right to right side. Make 1/4 turn left on right hitching left knee fwd

WALK FWD, KICK & CLAP, SIDE TOUCH, 1/4 TURN RIGHT HITCHING KNEE, COASTER STEP

- 9-12 Walk fwd left, right, left. Kick right fwd clapping hands once
13-14 Touch right foot to right side. Make 1/4 turn right on left foot hitching right knee fwd
15&16 Step back right. Step left beside right. Step fwd right

ROLLING FULL TURNS LEFT & RIGHT (hold hands up at sides like a waiter holding trays in both hands)

- 17-18 Step left 1/4 turn left. On ball of left make 1/4 turn left, stepping right to right side
19-20 On ball of right make 1/2 turn left, stepping left to left side. Touch right beside left, clap
21-22 Step right 1/4 turn right. On ball of right make 1/4 turn right, stepping left to left side
23-24 On ball of left make 1/2 turn right, stepping right to right side. Touch left beside right, clap

SIDE ROCK & CROSS X2, TOE TOUCH, 1/4 TURN HITCHING KNEE, COASTER STEP (hands in prayer)

- 25&26 Rock left to left side. Rock onto right in place. Cross left over right
27&28 Rock right to right side. Rock onto left in place. Cross right over left
29-30 Touch left foot to left side. Make 1/4 turn left on right foot, hitching left knee fwd
31-32 Step back left. Step right beside left. Step fwd left

Repeat 'The Dance' using the 16-count intro as a tag after walls 2, 4 and 5.

ENDING The dance ends on the rolling turns (counts 17-24, 9 o'clock wall, slow down with the music). To finish facing the front wall make the right rolling turn 1 1/4 turns to right, bring feet together & place hands in prayer looking up to the sky.
