

High Maintenance Women

32 count, 4 wall, beginner/intermediate level
Choreographer: Helen Born & Nita Lindley (USA)
Choreographed to: High Maintenance Women by
Toby Keith

POINTS, HOLDS

- 1-2 POINT LEFT TOES TO LEFT, HOLD
&3-4 PLACE WEIGHT ON LEFT, POINT RIGHT TOES TO RIGHT, HOLD
&5&6 PLACE WEIGHT TO RIGHT, POINT LEFT TOES LEFT, PLACE WEIGHT ON LEFT,
POINT RIGHT TOES TO RIGHT
7-8 PLACE WEIGHT ON RIGHT POINT LEFT TOES TO LEFT, HOLD

LEFT, RIGHT FORWARD SHUFFLES, HOLDS

- 1&2 SHUFFLE FORWARD LEFT, RIGHT, LEFT
3-4 POINT RIGHT TOES TO RIGHT, HOLD
5&6 SHUFFLE FORWARD RIGHT, LEFT, RIGHT
7-8 POINT LEFT TOES TO LEFT, HOLD

RIGHT, LEFT BACKWARDS SHUFFLES, KICKS

- 1&2 SHUFFLE BACK LEFT, RIGHT, LEFT
3-4 KICK RIGHT FOOT FORWARD TWICE
5&6 SHUFFLE BACK RIGHT, LEFT, RIGHT
7-8 KICK LEFT FOOT FORWARD TWICE

JAZZ BOX ¼ TURN LEFT SCUFF, SIDE SHUFFLE, ROCK STEP

- 1-2 STEP LEFT FOOT ACROSS RIGHT, STEP RIGHT BACK
3-4 TURN ¼ TO LEFT AND STEP ONTO LEFT, SCUFF RIGHT NEXT TO LEFT
5&6 RIGHT SIDE SHUFFLE RIGHT, LEFT, RIGHT
7-8 ROCK BACK ON LEFT RECOVER RIGHT
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