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## Hide Your Crazy (Mama)

Phrased, 2 Wall, Intermediate

Choreographer: Kathy Parker & Nancy Hewko (USA)

April 2013

Choreographed to: Mama's Broken Heart by Miranda Lambert,  
CD: For The Record (Deluxe Edition)

Intro 16 counts. Pattern: AAB AAB A (20 counts) Restart with B

### Pattern A – 32 counts:

#### Charleston 2X

- 1-4 Step right foot forward, kick left foot forward, step left foot back, point right toe back
- 5-8 Repeat 1-4

#### Right Triple Forward, Left Triple Forward, Right Rocking Chair

- 1&2 Triple right, left, right
- 3&4 Triple left, right, left
- 5-8 Rock R forward, replace to L, rock R back to L

**(Only before restart):** Add in (2) 1/8 Hip rolls to the left and ¼ turn to the right, (stepping back on right, step left next to right) slight pause

**RESTART** here on wall 7 (Happens facing 12:00 wall) then start B

#### (2) 1/8 Hip Rolls, Side Rock Recover, Behind Side Cross

- 1-4 (2) 1/8 hip rolls to left
- 5-6 Side rock R to right, recover left
- 7&8 Cross R behind L, step L to left side, cross R over L

#### Side Rock Recover, Behind Side Cross, (2) 1/8 Hip Rolls

- 1-2 Side rock L to Left, recover right
- 3&4 Cross L behind R, step R to right side, cross L over R
- 5-8 (2) 1/8 hip rolls left

### Pattern B - 44 counts:

#### Walk 2X, Side Rock Recover Cross, Side Rock Recover Cross, Pivot Half

- 1-2 Walk forward right, left
- &3-4 Rock right out to right, recover on left, cross R over L
- &5-6 Rock left out to left, recover on right, cross left over right
- 7-8 Step ½ turn left

#### Heel and Cross and Heel and Forward, (2) 1/8 Hip Rolls

- &1&2 Step R to side, touch heel to left diagonal, step left slightly back, step right across
- &3&4 Step left to side, touch R heel to R diagonal, step R slightly back, step left forward
- 5-8 (2) 1/8 Hip Rolls left

#### Triple Right Side, Rock Recover, Triple Left Side, Rock Recover

- 1&2 Step right to the side, step left next to right, step right to the side
- 3-4 Rock left behind right
- 5&6 Step left to the side, step right next to left, step left to side
- 7-8 Rock right behind left

#### Right Triple Half Turn, Rock Recover, Left Triple Half Turn, Rock Recover

- 1&2 Triple ½ turn left by stepping right-left-right on the spot
- 3-4 Rock back left, recover right
- 5&6 ½ turn right by stepping back on left, left-right-left on the spot
- 7-8 Rock back right, recover left

#### Rocking Chair, Walk around 3/4 Turn to Right, Kick Ball Change

- 1-4 Rock forward right recover back left, rock back right recover forward left
- 5-8 Walk 3/4 turn to right
- 1-2 Complete the 3/4 turn
- 3&4 Right Kick Ball Change

**ENDING:** Do Charleston's To the end of the music

**Dedicated to The Wild Rose Dance Team Member Katy Stalnaker**