



## Hi Heel Sneakers

96 Count, 2 Wall, Intermediate, Country

Choreographer: Rob Fowler (Spain) July 2013

Choreographed to: Hi Heel Sneakers by Cotton Belly's  
(208 bpm)

Count in: 16 (approx 4 secs)

### SEC 1 GRAPEVINE RIGHT, HEEL TWISTS X2

- 1-4 Step right to right side, step left behind right, step right to right side, step left next to right  
5-8 Twist both heels right, twist heels back to centre, twist heels right, twist heels back to center

### SEC 2 GRAPEVINE LEFT WITH ¼ TURN, BRUSH, STEP LEFT, HOLD, ½ TURN, HOLD

- 1-4 Step left to left side, step right behind left, make ¼ turn left stepping fwd left, brush right beside left (9)  
5-8 Step fwd right, hold, make ½ turn left, hold (3 o'clock)

### SEC 3 SLOW CHARLESTON STEPS

- 1-4 Touch right fwd, hold, step back right, hold  
5-8 Touch left back, hold, step fwd left, hold

### SEC 4 RIGHT HEEL FWD, LEFT HEEL FWD, RIGHT BACK, LEFT BACK, HEELS UP, DOWN, TWIST LEFT, CENTRE

- 1-4 Step right heel fwd, step left heel fwd, step right back, step left next to right  
5-8 Lift both heels up, lower heels down, twist heels left, twist heels back to centre (weight left)

### SEC 5 SAME AS SEC 1

### SEC 6 SAME AS SEC 2

### SEC 7 SAME AS SEC 3

### SEC 8 SAME AS SEC 4

### SEC 9 SLOW RIGHT JAZZBOX WITH HOLDS

- 1-4 Step right over left, hold, step back left, hold  
5-8 Step right to right side, hold, step fwd left, hold

### SEC 10 JUMP FWD RIGHT, LEFT, BRUSH HANDS BACK, FWD, CLAP, CLAP, BACK, FWD, CLAP

- &1-3 Step fwd right, step left beside right(shoulder width apart), brush both hands back over hips, brush both hands fwd  
4-8 Clap, clap, brush both hands back over hips, brush both hands fwd, clap

### SEC 11 RIGHT CROSS ROCK, RECOVER, SIDE, HOLD, LEFT CROSS ROCK, RECOVER, SIDE, HOLD

- 1-4 Rock right over left, recover on to left, step right to right side, hold  
5-8 Rock left over right, recover on to right, step left to left side, hold

### SEC 12 RIGHT ROCK, RECOVER, ½ TURN, HOLD, STEP LEFT, ½ TURN, STEP LEFT, BRUSH

- 1-4 Rock fwd right, recover on to left, make ½ turn right stepping fwd right, hold  
5-8 Step fwd left, make ½ turn right, step fwd left, brush right beside left (6 o'clock)