

Hey Ya!

44 count, 4 wall, intermediate level

Choreographer: Tara Henton (UK) Feb 2004

Choreographed to: Hey Ya! by Outkast, (159 bpm),

Speakerboxxx/The Love Below

Start - 3 counts (singer calls out 1, 2, 3...) then begin straight away

BACK, TOUCH, BACK, TOUCH, ROCK, RECOVER, FORWARD, HOLD

1 2 3 4 Step back on R towards R diagonal, touch L beside R, step back on L towards L diagonal, touch R beside L

5 6 7 8 Rock back on R, recover L, step forward R, hold

Option: add claps on beats 2, 4, and 8.

STEP, PIVOT ½ TURN R, STEP SIDE, TOUCH, STEP BACK WITH A ¼ TURN L, TOUCH

1 2 3 4 Step forward L, pivot ½ turn R with weight on R foot, step L to the side, touch R beside L

5 6 Making a ¼ turn L step back R, touch L beside R

THREE MODIFIED HIP ROLLS WITH ¼ TURN L, STEP, KICK

1 2 3 4 Step forward L, bend R knee slightly and start rolling hips clockwise making ¼ turn L, push R toe to side continuing hip roll, bend R knee slightly and begin another clockwise hip roll making ¼ turn L

5 6 7 8 Push R toe to side continuing hip roll, bend R knee slightly and begin another clockwise hip roll making ¼ turn L, step R to the side, kick L out on diagonal

The hip rolls are meant to be continuous, with one complete hip rotation for each ¼ turn. The leg movement is meant to blend in with the hip rolls. For an easier option, you can replace counts 1 – 6 with paddle turns.

ROCK BEHIND, RECOVER, SIDE STEP WITH ½ TURN R, HITCH, MODIFIED CHASSE R WITH ¼ TURN R

1 2 3 4 Rock L behind R, recover R, step L side left and turn ½ turn R with weight on L foot, hitch R knee

5 6 7 8 (hold 8) Step R to the side, step together with L while hitching R knee, making a ¼ turn R step R forward, hold

Styling option for counts 4 – 8: shoulder movements, with arms straight at sides: raise R shoulder and drop L (4), raise L shoulder and drop R (5), raise R shoulder and drop L (6), raise L shoulder and drop R (7, hold 8)

STEP, TURN, STEP, FULL TURN TRAVELLING FORWARD

1 2 3 (hold 4) Step forward L, pivot ½ turn R with weight on R foot, step L forward, hold (prep for full turn L)

5 6 Making ½ turn L step R back, making another ½ turn L step L forward (easy option: just step R, L walking forward)

STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, TOUCH

1 2 3 4 Step R forward toward the right diagonal, lock step L behind R, step R forward toward right diagonal, scuff L foot forward

5 6 7 8 Step L forward toward the left diagonal, lock step R behind L, step L forward toward L diagonal, touch R beside L

TAG: 6th wall

At the end of this wall, there is a break in the music. Dance the first 36 counts, and then replace the final set of 8 with the following tag:

1 2 Step R forward towards right diagonal, swaying upper body to R; hold

3 4 Transfer weight back to L, swaying upper body to L; drag R in towards L (keeping weight on L)

5 6 7 8 Turn R knee in, out, in, then hitch R knee
