

Sarah and Wendy have created a smooth graceful dance that flows beautifully with this classic Randy Travis hurtin' song. Enjoy.

Hey This Is Me

2 WALL - 32 COUNTS - INTERMEDIATE

Steps	Actual Footwork	Calling Suggestion	Direction
Section 1	Step, Cross Rock, Sweep Sailor 1/4 Turn, Cross Rock, Step, Lock, Step		
1-3	Step right to right side. Cross rock left over right. Recover onto right.	Side Cross Rock	Right
4&5	Making 1/4 turn left sweeping left behind right. Step right to right side. Step left to place.	Sailor Turn	Turning left
6-7	Cross rock right over left. Recover onto left.	Cross Rock	On the spot
8&1	Step back on right. Lock left across right. Step back on right.	Step Lock Step	Back
Section 2	Back Rock, Shuffle Full Turn, Sway, Sway, Shuffle 1/4 Turn		
2-3	Rock back on left angling body. Recover onto right.	Rock Back	On the spot
4&5	Triple step full turn right travelling forward stepping left, right, left	Shuffle Full Turn	Turning right
6-7	Sway hips right, left	Sway Sway	On the spot
8&1	Step right to right side. Close left beside right. Turn 1/4 right and step right forward.	Shuffle Turn	Turning right
Section 3	Cross Step, Unwind, Cross Shuffle, 1/4 Turn, Point, Behind, Side, Cross		
2-3	Cross left over right. Unwind making 1/2 turn right.	Cross Unwind	Turning right
4&5	Cross left over right. Step right to right side. Cross left over right.	Cross Shuffle	Right
6-7	Make 1/4 turn right stepping on right. Point left to left side.	Turn Point	Turning right
8&1	Cross left behind right. Step right to right side. Cross left over right.	Behind Side Cross	Right
Section 4	Sway, Sway, Heel, Step, Point, Back Rock 1/4 Turn, Step		
2-3	Sway hips right, left	Sway Sway	On the spot
4&5	Touch right heel forward. Step right beside left. Point left toe to left side.	Heel Together Point	Forward
6-8	Make 1/4 turn left and rock back on left. Recover onto right. Step forward on left.	Turn Recover Step	Turning left

Choreographed by:

Sarah Jones
& Wendy Swoish
UK
February 2012

Choreographed to:

This Is Me by Randy Travis
(CD 'I Told You So' also
available from amazon.
co.uk) (16 count intro)



A video clip of this
dance is available at
www.linedancermagazine.com