

Hey Soul Sister

IMPROVER

32 Count 4 Walls

Choreographed by: Bob Francis

Choreographed to: Hey Soul Sister by Train

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- 1 - 8** **Step touch back hook left lock forward right mambo forward left lock back**
1 & 2 & Step left forward touch right behind left step back on right hook left across right
3 & 4 Step forward on left, step right behind left, step left forward
5 & 6 Rock forward on right recover on left step right next to left
7 & 8 Step back on left lock right across left step back on left
- 9 - 16** **Right sailor 1/2 turn cross, left side together forward right side together back left coaster step**
9 & 10 Step right behind left making 1/4 turn right step left to the side making 1/4 turn right cross right over left
11 & 12 Step left to left side step right next to left step forward on left
13 & 14 Step right to right side step left next to right step back on right
15 & 16 Step back on left step right next to left step forward on left
- 17 - 24** **Step forward on right pivot 1/4 turn left crossing shuffle left, left side rock crossing shuffle right**
17 - 18 Step forward on right pivot 1/4 turn left stepping left to the side
19 & 20 Cross right over left step left to the side cross right over left
21 - 22 Rock left to left side recover on right
23 & 24 Cross left over right step right to right side cross left over right
- 25 - 32** **Right mambo forward left coaster back pivot 1/2 turn left right shuffle forward**
25 & 26 Rock forward on right recover on left step right next to left
27 & 28 Step back on left step right next to left step forward on left
29 - 30 Step forward on right pivot 1/2 turn left stepping on to left
31 & 32 Step forward on right step left next to right step forward on right

AN ALTERNATIVE FOR COUNTS 31 & 32 ON LAST SECTION IS A TRIPLE FULL TURN LEFT
