

**Hey Hey
(Now We're Rockin')**

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64 count, 2 wall, Intermediate/Advanced level
Choreographer : William Sevone (Aus) Feb 1999
Choreographed to : Rockin' At The Hey Hey by
Roy Rodgers (166 bpm), Slide Of Hand CD

Dance start's with feet together (with weight on left foot) Start on vocals

Choreographers note: If dancing to 'Rockin' At The Hey Hey' counts 31&32& should coincide with the distinctive drum beat on the first wall. When you get the timing right, you can then say... 'Now We're Rockin' .

'Dandy' Walk Forward, Syncopated Rock 'n' Step

1 - 4 Saunter forward: Right foot. Left foot. Right foot. Left foot.

5& 6 Step rock right foot to side, Rock back onto left, Step right foot next to left.

'Dandy' Walk Forward, 2x Syncopated Rock 'n' Step

7 - 10 Saunter forward: Left foot. Right foot. Left foot. Right foot.

11 & 12 Step rock left foot to side. Rock back onto right. Step left foot next to right.

13 & 14 Step rock right foot to side. Rock back onto left. Step right foot next to left.

'Dandy' Walk Backward, Syncopated Rock 'n' Step

15 - 18 Saunter backward: Left foot. Right foot. Left foot. Right foot.

19& 20 Step rock left foot to side. Rock back onto right. Step left foot next to right.

'Dandy' Walk Backward, 2x Syncopated Rock 'n' Step

21 - 24 Saunter backward: Right foot. Left foot. Right foot. Left foot.

25& 26 Step rock right foot to side, Rock back onto left, Step right foot next to left.

27 & 28 Step rock left foot to side. Rock back onto right. Step left foot next to right.

Split Step, 'Milk The Cow', Sailor Shuffle, 1/4 Right Rock, Rock

29 - 30 Step right foot to side. Step left foot to side. (feet now shoulder width apart)

31& 32& (with knees and arms slightly bent) (31) Left arm up, (&) Left arm down/Right arm up.

(32) Right arm down/Left arm up. (&) Right arm up/Left arm down (like milking a cow)

33& 34 Step left foot behind right, Step right foot next to left, Step left foot to side.

(as you step left behind right, left arm up/right arm down)

35 - 36 Turning 1/4 right on ball of left foot rock back onto right. Rock forward on left

2x Shuffle Fwd, 2x Toe Touch, Step Behind, 1/2 Left

37 & 38 Step forward onto right foot, step left foot next to right, step forward onto right

39& 40 Step forward onto left foot, step right foot next to left, step forward onto left

41 - 43 Touch right toe forward. Touch right toe to side. Step right foot behind left.

44 Turn 1/2 turn left on right foot - stepping onto left foot.

2x Fwd Body Rolls

45 - 46 Body roll forward. (weight ending on right foot)

47 - 48 Body roll forward. (weight ending on right foot)

Side Step, Side Step with Hip Push, Hold, Hip Push, Hold, 3x Hip Pushes

49 Step left foot to left side.

50 - 51 Step right foot to side - pushing hips to right. Hold.

52 - 53 Push hips to left. Hold.

54 - 56 Push hips right. Push hips left. Push hips right.

Styling note: Counts 51 - 56 as you push hips to the side, punch arm up, eq. right hips - right arm

2x Modified Sailor Shuffles, Heel Touch, Step Back, 1/4 Left. Rocks.

57& 58 Step left foot behind right, Step right foot next to left, Step left foot forward.

59 & 60 Step right foot behind left. Step left foot next to right. Step right foot forward.

61 - 62 Touch left heel forward. Step back onto left foot.

63 - 64 Turning 1/4 left on ball of left foot, rock back onto right. Rock forward onto left