

## All Jacked Up

32 count, 4 wall, beginner/intermediate level  
Choreographer: Christy Fox ((USA) Oct 2005  
Choreographed to: All Jacked Up by Gretchen Wilson  
(189bpm); Teach - Rad Gambo – Little Feat

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Start on Vocals

### **WALK, HOLD, WALK, HOLD, FWD MAMBO, HOLD**

1-2 Step forward right (1), Hold and snap fingers (2)  
3-4 Step forward left (3), Hold and snap fingers (4)  
5-6 Step forward right (5), Recover weight on left (6),  
7-8 Step right back (7), Hold and snap fingers (8)  
More challenging option for counts 5-8 ½ TURN, ½ TURN HOLD  
5-6 Step forward right (5), Pivot ½ turn left stepping on left (6)  
7-8 Pivot ½ turn left stepping back on right (7), Hold and snap right fingers (8)

### **COASTER STEP, HOLD, WALK, HOLD, WALK, HOLD**

1-2 Step back left (1), Step right beside left (2)  
3-4 Step forward left (3), Hold and snap fingers (4)  
5-6 Step forward right (5), Hold and snap fingers (6),  
7-8 Step forward left (7), Hold and snap fingers (8)

### **½ TURN, FORWARD, LOCK, FORWARD, FORWARD, LOCK, FORWARD**

1-2 Step forward right (1), Pivot ½ turn left stepping on left (1)  
3-4 Step right at a diagonal forward (3), lock left behind right (4)  
5-6 Step right at a diagonal forward (5), Step left at a diagonal forward (6)  
7-8 Lock right behind left (7), Step left at a diagonal forward (8)

### **FORWARD, HOLD, ¼ TURN, FORWARD, ¼ TURN, FORWARD ¼ TURN**

1-2 Step forward on right (1), Hold (2)  
3-4 Turn ¼ left and replace weight on left (2), Hold (4)  
5-6 Step forward on right (5), Turn ¼ left and replace weight on left (6)  
7-8 Step forward on right (5), Turn ¼ left and replace weight on left (8)

Styling Note:

The last two quarter turns are like paddle turns, close to the body so you get the hip action.

Styling Note:

Add attitude by cross walking instead of walking straight forward,

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