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Heroes

INTERMEDIATE

56 Count 2 Walls

Choreographed by: Mike O'Brien Choreographed to: Heroes by X Factor Finalists

Section 1 Step Touch, Chasse Left, Rock Right Behind, Recover, Step Right Beside Left, Swivel Left 1/4 Turn. 1 - 2 Step right to right side. Touch left beside right. Step left to left side. Close right beside left. Step left to the left side. 3 & 4 5 - 6 Rock right behind left. Recover on left. Step right beside left. Swivel 2 heels to right 1/4 turn left. (9 o c) 7 - 8 Section 2 Rock Back Recover. Left Shuffle. Rock Recover. Triple 1/2 Turn. 1 - 2 Rock back left. Recover on right. Step forward left. Close right beside left. Step forward left. 3 & 4 5 - 6 Rock forward on right. Recover on left. 7 & 8 Triple 1/2 turn right, stepping right- left- right. (3 o c) Section 3 Shuffle 1/4 turn Right. Cross Right Behind Left. Unwind 1/2 Turn. Chasse Left. Rock Back Recover. 1 & 2 Left Shuffle 1/4 turn right. (6 o c) Cross right behind left. Unwind 1/2 turn right. (12 o c) 3 - 4 5 & 6 Step left to left side. Close right beside left. Step left to the left side. 7 - 8 Rock back on right. Recover on left. Paddle 1/4 Turn Left x 2. Kick Ball Point. Kick Ball Point. Section 4 1 - 4 Step Right pivot 1/4 turn left x 2. (6 oc) 5 & 6 Kick right forward. Step right beside left. Point left to left side. Kick left forward. Step left beside right. Point right to right side. 7 & 8 Rocking Chair. Skate Skate. Right Lock Step. Section 5 1 - 4 Rock forward right. Recover on left. Rock back on right. Recover on left. 5 - 6 Skate right. Skate left. 7 & 8 Step forward right. Lock left behind right. Step forward right. Section 6 Step Touch. Step Back Touch. Step Behind 1/4 Turn Left. Touch Right. Right Shuffle. 1 - 2 Step forward on left. Point right to right side. 3 - 4 Step back on right. Point left to left side. Step left behind right 1/4 turn left. Touch right to right side. (3 o c) 5 - 6 Step forward right. Close left beside right. Step forward right. 7 & 8 Section 7 Rock Recover. Coaster Step. Jazz box 1/4 turn Right. 1 - 2 Rock forward left. Recover on right. 3 & 4 Step back on left. Step right beside left. Step forward left. Cross right over left. Step back on left 1/4 turn right. Step right to the right side. Close left beside right. 5 - 8

 $(6 \circ c)$