

Hero

32 Count, 4 Wall, Improver

Choreographer: Linda Sansoucy (Can) Feb 2009

Choreographed to: Holdin' Out For A Hero by
Wenche (180bpm)

Intro 24 counts

1-8 Step ¼ Turn Right, Hold & Clap, Step Back ½ Turn Right, Hold & Clap, Coaster Step, Scuff

1-2 Step right ¼ turn right, Hold & Clap 3 :00

3-4 Step left back ½ turn right (weight ends up on left), Hold & Clap 9 :00

5-6-7 Step right back, Step left together, Step right forward

8 Scuff left

9-16 Lock Step Forward, Hold, Step Forward, Pivot ¼ Turn Left, Stomp, Hold

1-2-3 Step left forward, Lock right behind left, Step left forward

4 Hold

5-6 Step right forward, Turn ¼ left 6 :00

7 Stomp right next to left

8 Hold

17-24 Heel & Toe Swivels Left, Heel Swivel ¼ Turn Right, Hold, Toe Struts Back (twice)

1-2 Swivel heels to the left, Swivel toes to the left

3-4 Swivel heels ¼ turn right, Hold 9 :00

5-6 Touch right toe back, Step down on right

7-8 Touch left toe back, Step down on left

25-32 Coaster Step, Scuff, Lock Step Forward, Hold

1-2-3 Step right back, Step left together, Step right forward

4 Left Scuff

5-6-7 Step left forward, Lock right behind left, Step left forward

8 Hold

Repeat