

Section 1 Heel & Toe, Side Switches, Forward Rock, 1/2 Unwind

- 1 & 2 & Touch right heel forward, step right to place, touch left toe back, step left in place
3 & 4 & Touch right to right side, step right in place, touch left to left side, step left in place
5 - 6 Rock forward on right, recover onto left
7 - 8 Touch right toe behind left, unwind 1/2 turn right (weight on right)

Section 2 Forward rock, Back, Slide, Back, Coaster Step, Forward Rock

- 9 - 10 Rock forward on left, recover onto right
11 & 12 Step back on left, slide right beside left, step back on left
13 & 14 Step back on right, step left next to right, step right forward
15 - 16 Rock forward on left, recover onto right

Section 3 Side Rock, Behind Side Cross, Side Rock, Sailor 1/4 Turn

- 17 - 18 Rock left to left side, recover onto right
19 & 20 Step left behind right, step right to right side, cross left over right
21 - 22 Rock right to right side, recover onto left
23 & 24 Cross right behind left whilst making 1/4 turn right, step left to left side, step right in place

Section 4 Skate Left, Skate Right, Forward Rock, Shuffle 1/2 Turn, Kick Ball Change

- 25 - 26 Skate forward left, skate forward right
27 - 28 Rock forward on left, recover onto right
29 & 30 Shuffle 1/2 turn left, stepping left, right, left
31 & 32 Kick right forward, step right beside left, step onto left in place
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