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Here Is My Heart

Phrased, 64 count + 8 count Tag,
Beginner/Intermediate level

Choreographer : Melvyn Beasley (UK)
July 2001

Choreographed to : Here Is My Heart
by Lionel Richie, Renaissance CD

PART A

Section 1 R ROCK STEP, ½ TRIPLE TURN, L ROCK STEP, ¾ TRIPLE TURN

- 1 - 2 Rock f/wd on right. Rock back onto left.
- 3 & 4 Triple step ½ right, stepping right, left, right.
- 5 - 6 Rock f/wd on left. Rock back onto right.
- 7 & 8 Triple step ¾ left, stepping left, right, left.

Section 2 R SIDE ROCK, CROSS SHUFFLE, L SIDE ROCK, CROSS SHUFFLE

- 1 - 2 Step right to side. Recover weight onto left.
- 3 & 4 Cross right over left. Step left to left side. Cross right over left.
- 5 - 6 Step left to side. Recover weight onto right.
- 7 & 8 Cross left over right. Step right to right side. Cross left over right

Section 3 HINGE TURN AND SIDE HOLD, ROCK STEP, COASTER STEP

- 1 - 2 Step right to side. Make ½ turn left stepping left to left side.
- & 3 - 4 Step right beside left (&). Step left to left side (3). Hold (4).
- 5 - 6 Rock f/wd on right. Recover weight onto left.
- 7 & 8 Step back onto right. Step left beside right. Step f/wd right.

Section 4 POINT, HOLD, BEHIND & CROSS, ¼ TURN STOMP, HOLD, KICK STEP TOUCH

- 1 - 2 Point left toe to left side. Hold.
- 3 & 4 Step left behind right. Step right to right side. Cross left over right.
- 5 - 6 Stomp right ¼ turn right. Hold.
- 7 & 8 Kick left f/wd. Step onto left. Touch right toe beside left.

PART B

Section 1 OUT, OUT, HOLD, & CROSS, UNWIND X 2

- & 1 - 2 Step feet slightly apart (right left). Hold.
- & 3 - 4 Step left beside right. Cross right over left. Unwind ½ turn left.
- & 5 - 6 Repeat counts & 1 - 2.
- & 7 - 8 Repeat counts & 3 - 4.

Section 2 TOE SWITCHES, CLAP X 2, RIGHT KICK BALL CHANGE X 2

- 1 & 2 Touch right to right side. Step right beside left. Touch left to left side.
- & 3 & 4 Step left beside right. Touch right to right side. Clap hands twice.
- 5 & 6 Kick right foot f/wd. Step on ball of right. Step left beside right.
- 7 & 8 Repeat counts 5 & 6.

PART C

Section 1 ¼ MONTEREY TURN X 2

- 1 - 2 Touch right toe to right side. On ball of left make ¼ turn right bringing right beside left.
- 3 - 4 Touch left toe to left side. Step left beside right.
- 5 - 8 Repeat counts 1 - 4.

Section 2 TOE HEEL STRUT BOX

- 1 - 2 Cross right to over left. Snap down right heel.
- 3 - 4 Step left toe back. Snap down left heel.
- 5 - 6 Step right toe to right side. Snap down right heel.
- 7 - 8 Step left toe slightly f/wd. Snap down left heel.

TAG : HIP BUMPS AND HIP ROLL - Dance tag only once facing back wall.

- 1 - 2 Bump right hip f/wd twice.
- 3 - 4 Bump left hip back twice.
- 5 - 8 Roll hips full circle left

Dance sequence: AB, AC, AB, AC, CBB., TAG ACC, AA, AC