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E-mail: admin@linedancermagazine.com

Here Is My Heart

96 count, 2 wall, Beginner level

Choreographer : Elaine Chant & Laura Dyas (UK)

Choreographed to : Here Is My Heart by Lionel

Richie, Renaissance

e-mail : dyas@trentclose.co.uk

STEP RIGHT, STEP LEFT TOGETHER, CHASSE RIGHT, LEFT & RIGHT SAILOR STEPS

- 1 - 2 Step right to right side. Step left together.
3 & 4 Step right to right side. Close left beside right. Step right to right side.
5 & 6 Cross left behind right. Step right to right side. Step left to place.
7 & 8 Cross right behind left. Step left to left side. Step right to place.

STEP LEFT, STEP RIGHT TOGETHER, CHASSE LEFT, RIGHT & LEFT SAILOR STEPS

- 9 - 10 Step left to left side. Step right together.
11 & 12 Step right to right side. Close left beside right. Step right to right side.
13 & 14 Cross right behind left. Step left to left side. Step right to place.
15 & 16 Cross left behind right. Step right to right side. Step left to place.

FORWARD ROCK, TRIPLE ½ TURN RIGHT, FORWARD ROCK, COASTER STEP

- 17 – 18 Rock forward on right. Rock back on left.
19 & 20 Triple step making ½ turn right, stepping – Right, Left, Right.
21 – 22 Rock forward on left. Rock back on right.
23 & 24 Step back left. Step right beside left. Step forward left.

FORWARD ROCK, TRIPLE ½ TURN RIGHT, FORWARD ROCK, COASTER STEP

- 25 – 26 Rock forward on right. Rock back on left.
27 & 28 Triple step making ½ turn right, stepping – Right, Left, Right.
29 – 30 Rock forward on left. Rock back on right.
31 & 32 Step back left. Step right beside left. Step forward left.

STOMP, HOLD, SAILOR STEP WITH ¼ TURN LEFT X 2

- 33 – 34 Stomp right to right side. Hold
35 & 36 Cross left behind right. Step right to place. Step left ¼ turn left.
37 – 38 Stomp right to right side. Hold
39 & 40 Cross left behind right. Step right to place. Step left ¼ turn left.

FORWARD ROCK ,TRIPLE ½ TURN RIGHT X 2, BACK ROCK

- 41 – 42 Rock forward on right. Rock back on left.
43 & 44 Triple step making ½ turn right, stepping – Right, Left, Right.
45 & 46 Triple step making ½ turn right, stepping – Left, Right, Left.
47 & 48 Rock back on right. Rock forward on left.

ROCK & CROSS X 4 TRAVELLING SLIGHTLY FORWARD

- 49 & 50 Rock right to right side. Rock onto left in place. Cross step right over left travelling slightly forward.
51 & 52 Rock left to left side. Rock on right in place. Cross step left over right travelling slightly forward.
53 & 54 Rock right to right side. Rock onto left in place. Cross step right over left travelling slightly forward.
55 & 56 Rock left to left side. Rock on right in place. Cross step left over right travelling slightly forward.

FORWARD ROCK, BACK LOCK, ½ PIVOT TURN, SHUFFLE FORWARD

- 57 – 58 Rock forward on right. Rock back on left.
59 & 60 Step back on right. Lock left over right. Step back right.
61 – 62 Left toe behind right heel. Pivot ½ turn left.
63 & 64 Shuffle forward on a Right, Left, Right.

ROCK & CROSS X 4 TRAVELLING SLIGHTLY FORWARD

- 65 & 66 Rock left to left side. Rock onto right in place. Cross step left over right travelling slightly forward.
67 & 68 Rock right to right side. Rock on left in place. Cross step right over left travelling slightly forward.
69 & 70 Rock left to left side. Rock on right in place. Cross step left over right travelling slightly forward.
71 & 72 Rock right to right side. Rock onto left in place. Cross step right over left travelling slightly forward.

FORWARD ROCK, BACK LOCK, ½ PIVOT TURN, SHUFFLE FORWARD

- 73 – 74 Rock forward on left. Rock back on right.
75 & 76 Step back on left. Lock right over left. Step back left.
77 – 78 Right toe behind left heel. Pivot ½ turn right.
79 & 80 Shuffle forward on a Left, Right, Left.

RIGHT ROCK, CROSS SHUFFLE, LEFT ROCK, CROSS SHUFFLE

- 81 – 82 Rock right to right side. Rock onto left in place.
83 & 84 Cross right over left. Step left to left side. Cross right over left.
85 – 86 Rock left to left side. Rock onto right in place.
87 & 88 Cross left over right. Step right to right side. Cross left over right.

MAMBO STEPS

- 89 & 90 Rock forward on right. Rock back on left. Step right beside left.
91 & 92 Rock back on left. Rock forward on right. Step left beside right.
93 & 94 Rock right to right side. Step left in place. Step right beside left.
95 & 96 Rock left to left side. Step right in place. Step left beside right.