

Here I Am...Again

48 Count, 4 Wall, Improver

Choreographer: Michele Perron (Canada)(June 08)

Choreographed to: Stuck In The Middle With You by

Stealer's Wheel, CD: Reservoir Dogs

(124bpm)

Introduction: 16 Counts, once the beat kicks in (CW Rotation)

Sec.1 (1-8) R Vine, Touch, Heel, Touch, Hold, Heels

1-4 RIGHT Step to side R; LEFT Step crossed behind R, RIGHT Step to side R; LEFT Touch beside R
5,6 Tap LEFT Heel diagonal L forward; LEFT Touch beside R
7&8 Hold; LEFT Heel 'DIG' diagonal L forward twice (bend R Knee)

Sec.2 (9-16) L Vine, Touch, Heel, Touch, Hold, Heels

1-4 LEFT Step to side L; RIGHT Step crossed behind L, LEFT step to side L; RIGHT Touch beside L
5,6 RIGHT Heel 'DIG' diagonal R forward; RIGHT Touch beside L
7&8 Hold; RIGHT Heel 'DIG' diagonal R forward twice (bend L Knee)

Sec.3 (17-24) Walk, Walk, Bump Hips L, R: Repeat:

1,2 RIGHT Step forward; LEFT Step forward beside R (bend knees)
3,4& Bump Hips to L; to R; Hips to Centre
5,6 RIGHT Step forward; LEFT Step forward beside R (bend knees)
7,8& Bump Hips to L; to R; Hips to Centre

Sec.4 (25-32) 'Syncho' Walks, Bump Hips Back: Repeat 3x

&1 RIGHT Step forward; LEFT Step beside R (bend knees)
2 Bump Hips to the back (straighten knees)
&3 RIGHT Step forward; LEFT Step beside R (bend knees)
4 Bump Hips to the back (straighten knees)
&5 RIGHT Step forward; LEFT Step beside R (bend knees)
6 Bump Hips to the back (straighten knees)
&7 RIGHT Step forward; LEFT Step beside R (bend knees)
8 Bump Hips to back (straighten knees)

Sec.5 (33-40) Back 3x, touch: Repeat

1-3 RIGHT; LEFT; RIGHT Steps back
4 LEFT Touch forward [Head looks L, index fingers point side L]
5-7 LEFT; RIGHT; LEFT Steps back
8 RIGHT Touch forward [Head looks R, index fingers point side R]

Sec.6 (41-48) Side-Touch, Side-Touch, Forward, Turn, Turn, Side

1,2 RIGHT Step to side R; LEFT Touch beside R; [index fingers point down]
3,4 LEFT Step to side L; RIGHT Touch beside L; [index fingers point down]
5,6 RIGHT Step forward; Execute 1/2 Turn L with LEFT Step forward
7,8 RIGHT Step forward with 1/4 Turn L; Left Rock/Step side L

Begin Again

Two Bridges:

Bridge #1 occurs on the 9 o'clock wall, at end of third rotation

Bridge #2 occurs on the 6 o'clock wall, at end of sixth rotation

They occur on an instrumental section

Bridge

1,2 RIGHT Rock/Step diagonal R forward; LEFT Recover/Step back
&3,4 RIGHT Step beside L; LEFT Heel 'DIG' diagonal L forward; HOLD
5,6 LEFT Rock/Step diagonal L forward; RIGHT Recover/Step back
&7,8 LEFT Step beside L; RIGHT Heel 'DIG' diagonal R forward; HOLD