
Introduction - 32 beats

1 Side shuffle, back, rock, side shuffle, back, rock.

1&2,3,4 Right side shuffle, step left back, rock forward onto right.

5&6,7,8 Left side shuffle, step right back, rock forward onto left.

2 4 boogie walks forward, forward, touch, shuffle back.

1,2 Step right forward 45° right, step left forward 45° left.

3,4 Step right forward 45° right, step left forward 45° left.

5,6,7&8 Step right forward, touch left together, left shuffle back.

3 Back, rock, shuffle forward, ½ pivot, shuffle forward.

1,2,3&4 Step right back, rock forward onto left, right shuffle forward.

5,6,7&8 Step left forward, pivot 180° right, left shuffle forward. 6.00

4 Side, rock, behind-side-cross, side, rock, behind-side-cross.

1,2 Step right to right, rock weight onto left.

3&4 Step right behind left, step left to left, step right across left.

5,6 Step left to left, rock weight onto right.

7&8 Step left behind right, step right to right, step left across right. **

5 ¼ pivot, cross shuffle, ¼, ¼, cross shuffle.

1,2,3&4 Step right forward, pivot 90° left, right cross shuffle.

5,6 Turn 90° right & step left back, turn 90° right & step right to right.

7&8 Left cross shuffle. **** 9.00

6 Side, touch, side, touch, 4 hips.

1,2,3,4 Step right to right, touch left together, step left to left, touch right together.

5,6,7,8 Step right to right and bump hips – right, left, right, left.

Restarts – On wall 2, dance the first 32 beats, ** then restart the dance facing 3.00

On wall 3, dance the first 32 beats, ** then restart the dance facing 9.00

On wall 4, dance the first 40 beats, ****, then restart the dance facing 6.00

On wall 6, dance the first 32 beats, ** then restart the dance facing 9.00

On wall 7, dance the first 32 beats, ** then restart the dance facing 3.00