

Her Life's A Song

48 Count, 2 Wall, Improver

Choreographer: Roz Chaplin & Colin B Smith (UK) June 2012

Choreographed to: Her Life's A Song by Alan Jackson, CD:

Thirty Miles West (129bpm)

Intro: 32 Counts

S1 HEEL, TOE, SHUFFLE FORWARD, HEEL, TOE, SHUFFLE FORWARD

- 1-2 Touch right heel forward, touch right toes back
- 3&4 Step forward on right close left beside right, step right forward
- 5-6 Touch left heel forward, touch left toes back
- 7&8 Step forward on left, close right beside left, step forward on left

S2 ROCK STEP, CROSS SHUFFLE X 2

- 1-2 Rock right to right side, recover onto left
- 3&4 Cross right over left, step left to left side, cross right over left
- 5-6 Rock left to left side, recover onto right
- 7&8 Cross left over right, step right to right side, cross left over right

S3 ROCKING CHAIR, SIDE ROCK, CROSS SHUFFLE

- 1-2 Rock forward on right, recover onto left
- 3-4 Rock back on right, recover onto left
- 5-6 Rock right to right side, recover onto left
- 7&8 Cross right over left, step left to left side, cross right over left

S4 WALK, WALK, SHUFFLE, GRAPEVINE ¼ TURN, STOMP

- 1-2 Walk forward left, walk forward right
- 3&4 Step forward left close right beside left, step forward left
- 5-6 Step right to right side, cross left behind right
- 7-8 Make ¼ turn right stepping right to right side, stomp forward left (*Taking weight*) (3)

S5 STEP, SCUFF, STEP, SCUFF, CROSS ROCK, SHUFFLE ¼ TURN

- 1-2 Step forward right, scuff left foot forward
- 3-4 Step forward left, scuff right forward
- 5-6 Cross rock right over left, recover onto left
- 7&8 Shuffle ¼ turn right, stepping – right – left – right (6)

S6 STEP, JAZZ BOX, LEFT LOCK STEP, SCUFF

- 1-2 Step forward left, cross right over left
- 3-4 Step left back, step right to right side
- 5-6 Step forward on left, lock right behind left
- 7-8 Step forward on left, scuff right forward

Tag: Here on End of Wall 1, 3, 5 & danced twice end of wall 2

RIGHT CHASSE, ROCK BACK, LEFT CHASSE, ROCK BACK

- 1&2 Step right to right side, step left beside right, step right to right side
- 3-4 Rock back on left, recover onto right
- 5&6 Step left to left side, step right beside left, step left to left side
- 7-8 Rock back on right, recover onto left

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