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Step Lock Step X2. Rock & Rock & 1/2 Pivot Step

Help

64 count, 2 wall, beginner/intermediate level Choreographer: Ed Lawton & Tina Argyle (UK) April 2004

Choreographed to: Help by Little Texas

	otep book otep Az. Rook a Rook a 112 i Wot otep							
	1&2	Step forward on right, lock left behind right, step forward on right						
	3&4	Step forward on left, lock right behind left, step forward on left						
	5&6&	Step forward on right, rock back on left, step back on right, rock forward on left						
	7&8	Step forward on right, pivot a 1/2 turn left, step forward on right						
	9-16	Repeat counts 1-8 leading with left						
Sailor Step X2, 1/2 Pivot. Walk X4								
	1&2&	Step right behind left, step left to left, step right to right, step left behind right						
	3&4&	Step right to right, step left to left, step forward on right, pivot 1/2 turn left						
	5-8	Walk forward on right, left, right, left						
	9-16	Repeat counts 1-8						
	Touch	X3. Weave, Full Turn. Shuffle						
	1&2	Touch right toe to right side, touch right next to left, touch right toe to right side						
	3&4	Step right behind left, step left to left, step right over left						
	5-6	Make a full turn left on left, right						
	7&8	Side shuffle left on left, right, left						
	700	Side Shalle left of left, right, left						
Rock & rock & Step 114 Turn. 114 112 Turn. Cross Shuffle								
	1&2&	Cross rock right over left, rock on to left, step right to right, rock on to left						
	3&4	Cross rock right over left, rock on to left, step right to right making a 1/4 turn right						
	5-6	Make a 1/2 turn right stepping back on left, make a 114 turn right stepping right to right						
	7&8	Step left over right, step right to right step left over right						
	Rock	112 Turn. Mambo, Step Pivot Pivot. Coaster Cross						
	1&2	Step right to right, rock on to left making a 112 turn right, step right next to left						
	3&4							
	JQ4	Step left to left, rock on to right, step left next to right						

Slide & Cross Step. Syncopated weave

1-2	Take a lare	ge step	to right with	riaht, hold

Step left next to right, step right over left, step left to left side &3-4

Step right behind left, step left to left, step right over left, step left to left 5&6&

Step back on left, step right next to left, step left over right

7&8 Step right behind left, step left to left, touch right next to left

INTRO JUST FOR FUN FUN FUN

5&6 7&8

Step left to left with hands up on 1st help

Make a 1/2 turn left stepping right to right with hands up on 2nd help Make a 1/2 turn left stepping left to left with hands up on 3rd help

Cross right over left unwind full turn left on 4th help

Step forward on right, pivot a 112 turn left, make a 1/2 turn left stepping back on right