

Hello Mary Lou

32 count, 2 wall, beginner/intermediate level

Choreographer: Al Vigus (UK) Nov 2006

Choreographed to: Hello Mary Lou by Ricky Nelson
(104 bpm), Album: 25 Greatest Hits

Start on vocals

Right Forward Shuffle, Left Coaster Forward, Right Coaster Back, ¼ Right Pivot & Cross

- 1 & 2 Step forwards on right, Step left next to right, Step forwards on right.
3 & 4 Step forwards on left, Step right next to left, Step back on left.
5 & 6 Step back on right, Step left next to right, Step forwards on right.
7 & 8 Step forwards on left, Turn ¼ turn to right (weight on right), Cross left over right. (3 o'clock)

Right Weave, Side Rock to Right, Right Cross Step, ½ Turn Right, Right Rock & Cross

- 1 & 2 & Step right to right side, Cross left behind right, Step right to right side, Cross left over right.
3 & 4 Rock right out to right side, Replace weight onto left, Cross right over left.
5 & 6 Step left to left side turning ¼ turn to right, Turn a further ¼ turn to right stepping right to right side, Cross left over right.
7 & 8 Rock right to right side, Replace weight on to left, Cross right over left. (9 o'clock).

¼ turn Right, Forward Walks & Claps, Right Forward Mambo, Left Coaster/Cross

- 1 & 2 Step left to left side turning ¼ turn to right, Step back on right turning a further ½ turn right, Step forward on left.
3 & 4 & Step forward on right, Clap hands, Step forward on left, Clap hands.
5 & 6 Rock forwards on right foot, Replace weight back on left, Step right back slightly behind left
7 & 8 Step back on left, Step right next to left, Cross left over right. (6 o'clock).

Toe Touches with Right, Full Turn Right on the Spot, 3 Step Vine Left, Stomps

- 1 & 2 Touch right toes to right, Touch right toes next to left, Touch right toes to right.
3 & 4 Turn full turn over right shoulder stepping right, left, right (on the spot).
Easier option: cha,cha,cha, on the spot, l,r,l
5 & 6 Step left to left side, Cross right behind left, Step left to left side.
7-8 Stomp right foot forwards, Stomp left foot forwards. (6 o'clock).

Music download available from itunes, napster
