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Approved by:


| 4 WALL - PHRASED - INTERMED/ATE |  |  |  |
| :---: | :---: | :---: | :---: |
| STEPS | AcTUAL FOOTWORK | CAlling SuGGESTION | DIRECTION |
| PART A <br> Section 1 $\begin{aligned} & 1 \& 2 \\ & 3-4 \\ & 5-8 \end{aligned}$ | Kick Ball Step, Toe Strut, Rocking Chair <br> Kick right forward. Step right beside left. Step left forward. <br> Step right toe forward. Drop right heel taking weight. <br> Rock forward on left. Recover onto right. Rock back on left. Recover onto right. | Kick Ball Step Toe Strut Rocking Chair | On the spot Forward On the spot |
| $\begin{gathered} \text { Section } 2 \\ 1-2 \\ 3-6 \\ 7-8 \end{gathered}$ | Toe Strut, Step, Pivot 1/2, Step, Hold, Step, Pivot $1 / 4$ Step left toe forward. Drop left heel taking weight. Step right forward. Pivot $1 / 2$ turn left. Step right forward. Hold. Step left forward. Pivot $1 / 4$ turn right. | Toe Strut <br> Step Pivot Step Hold Step Turn | Forward <br> Turning left Turning right |
| Section 3 $\begin{aligned} & 1-2 \\ & 3-6 \\ & 7-8 \\ & \hline \end{aligned}$ | Cross Strut, Back Strut x 2, Back Rock <br> Step left toe across right. Drop left heel taking weight. <br> Step right toe back. Drop right heel. Step left toe back. Drop left heel. <br> Rock back on right. Recover onto left. | Cross Strut <br> Back Strut Back Strut <br> Rock Back | Right <br> Back <br> On the spot |
| $\begin{gathered} \text { Section } 4 \\ 1 \& 2 \\ 3-4 \\ 5-6 \\ 7-8 \end{gathered}$ | Kick Ball Step, Toe \& Heel Swivel x 2, Back Rock <br> Kick right forward. Step right beside left. Step left forward. Swivel right toe and left heel out. Swivel right toe and left heel in. Swivel right toe and left heel out. Swivel right toe and left heel in. Rock back on right. Recover onto left. | Kick Ball Step Swivel Swivel Swivel Swivel Rock Back | On the spot |
| PART B <br> Section 1 $\begin{aligned} & 1 \& 2 \\ & 3-4 \\ & 5-6 \\ & 7-8 \end{aligned}$ | Chasse, Back Rock, 1/2 Turn, Cross, Hold <br> Step right to right side. Close left beside right. Step right to right side. <br> Rock back on left. Recover onto right. <br> Make $1 / 4$ turn right stepping left back. Make $1 / 4$ turn right stepping right to side. Cross left over right. Hold. | Chasse Right <br> Rock Back Half Turn Cross Hold | Right <br> On the spot <br> Turning right <br> Right |
| $\begin{gathered} \text { Section } 2 \\ 1 \& 2 \\ 3-4 \\ 5-6 \\ 7-8 \end{gathered}$ | Chasse, Back Rock, 1/2 Turn, Cross, Hold <br> Step right to right side. Close left beside right. Step right to right side. <br> Rock back on left. Recover onto right. <br> Make $1 / 4$ turn right stepping left back. Make $1 / 4$ turn right stepping right to side. Cross left over right. Hold. | Chasse Right Rock Back Half Turn Cross Hold | Right <br> On the spot <br> Turning right <br> Right |
| Section 3 <br> 1 \& 2 <br> 3-4 <br> 5-8 <br> Option | Chasse, Back Rock, Step, Pivot 1/2, Step, Pivot $1 / 2$ <br> Step right to right side. Close left beside right. Step right to right side. <br> Rock back on left. Recover onto right. <br> Step left forward. Pivot 1/2 turn right. Step left forward. Pivot $1 / 2$ turn right. <br> Counts 5-8: Rocking Chair | Chasse Right <br> Rock Back <br> Step Pivot Step Pivot | Right <br> On the spot <br> Turning right |
| Section 4 $1-4$ $5-8$ | Toe Strut, Step, Pivot 1/2 (x 2) <br> Step left toe forward. Drop left heel. Step right forward. Pivot $1 / 2$ turn left. Step right toe forward. Drop right heel. Step left forward. Pivot $1 / 2$ turn right. | Toe Strut Step Pivot Toe Strut Step Pivot | Turning left Turning right |
| Section 5 <br> 1-4 <br> Restart 2 <br> 5-8 <br> Restart 1 | Side Shimmies, Hold (x 2) <br> Step left to left side. Shimmy. Step right beside left. Hold. <br> Wall 8: Restart dance Part B <br> Step left to left side. Shimmy. Touch right beside left. Hold. <br> Wall 7: Restart dance Part B | Side Shimmy Side Hold Side Shimmy Touch Hold | Left |
| $\begin{gathered} \text { Section } 6 \\ 1-4 \\ 5-8 \end{gathered}$ | Jazz Box, Jazz Box $1 / 4$ Turn Cross right over left. Step left back. Step right to right side. Step left forward. Cross right over left. Turn $1 / 4$ right and step left back. Step right to side. Step left forward. | $\begin{aligned} & \text { Jazz Box } \\ & \text { Jazz Box Quarter } \end{aligned}$ | On the spot Turning right |

Choreographed by: Francien Sittrop (NL) May 2011
Choreographed to: 'Hello' by The Baseballs ( 146 bpm ), Single Version; also available as download from amazon.co.uk or iTunes (16 count intro)
Sequence:
Restarts:
AAB AAB B(40) B(36) BB
Two Restarts, both during Part B after all Part As completed


